



# 2018 Community Health Assessment

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## **Acknowledgments**

Thank you to all the individuals who assisted in the data collection, compilation, and analysis required to complete the 2018 Surry County Community Health Assessment.

## **Introduction**

The Community Health Assessment is a report documenting identified factors affecting the health of a population and the availability of resources to address these health needs. In Surry County, the assessment is a collaborative effort led by the Surry County Health and Nutrition Center. It is completed every four years, as required by the North Carolina Department of Health and Human Services. The goal of the Community Health Assessment is to develop strategies to address the community's health needs and identified issues.

## **Community Health Assessment Team**

The Surry County Community Health Assessment team was comprised of Surry County Health and Nutrition Center staff as well as members of the Healthy Surry Task Force. Healthy Surry members are individuals from local agencies/organizations that work closely with the Health and Nutrition Center. Through these partnerships, surveys were more easily distributed across the county.

<b><u>Name</u></b>	<b><u>Title</u></b>	<b><u>Organization</u></b>	<b><u>Committee</u></b>
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Ashly Lancaster	Director of Marketing and Communications	Northern Hospital of Surry	Work Group
Mark Tucker	Instructor/Athletic Director	Surry Community College	Work Group

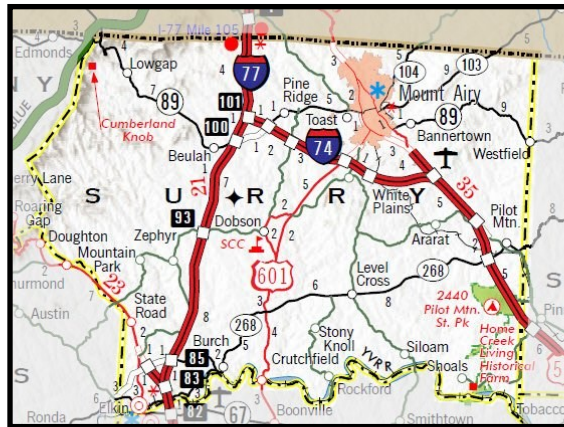
The CHA team randomly surveyed approximately 200 county residents to obtain data for the assessment. Surveys were widely distributed, either in hard copy format or electronically with the assistance of Survey Monkey. Once all data was received, all hard copy surveys were manually entered into the Survey Monkey software to be analyzed.

# County Profile

## Location and Geography

Surry County is located both within the Piedmont region of central North Carolina and in the Appalachian Mountains region of western North Carolina. Most of the eastern two-thirds of the county lies within the Piedmont, a region of gently rolling hills and valleys. However, the Piedmont of Surry County also contains a small portion of the Sauratown Mountains; Surry County marks the western end of the Sauratown Mountain range. The western third lies within the Blue Ridge Mountains. Surry County has twelve townships and four municipalities. Each have their own unique history, features, attractions, culture, and hospitality. The four municipalities are Dobson (County Seat), Elkin, Mt. Airy, and Pilot Mountain.

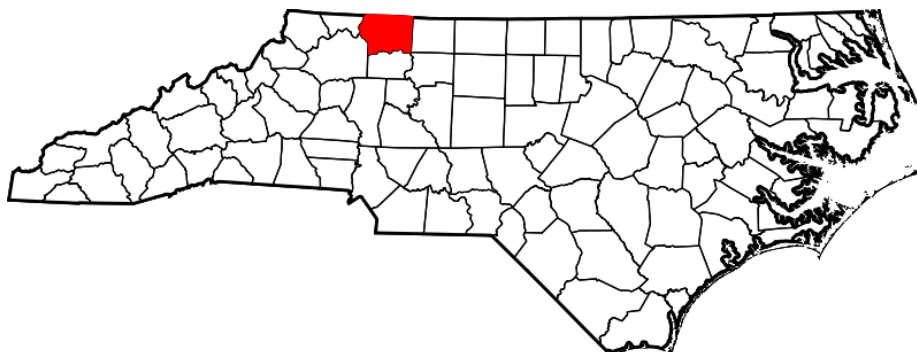
According to the United States Census Bureau, the county has a total of 536 square miles, of which 532 square miles is land and 4.1 square miles is water. There are three recognized major rivers located in the county; the Ararat, Fisher, and the Mitchell. All three rivers flow southward and are tributaries of the Yadkin River, which forms the southern border of the county.



## History

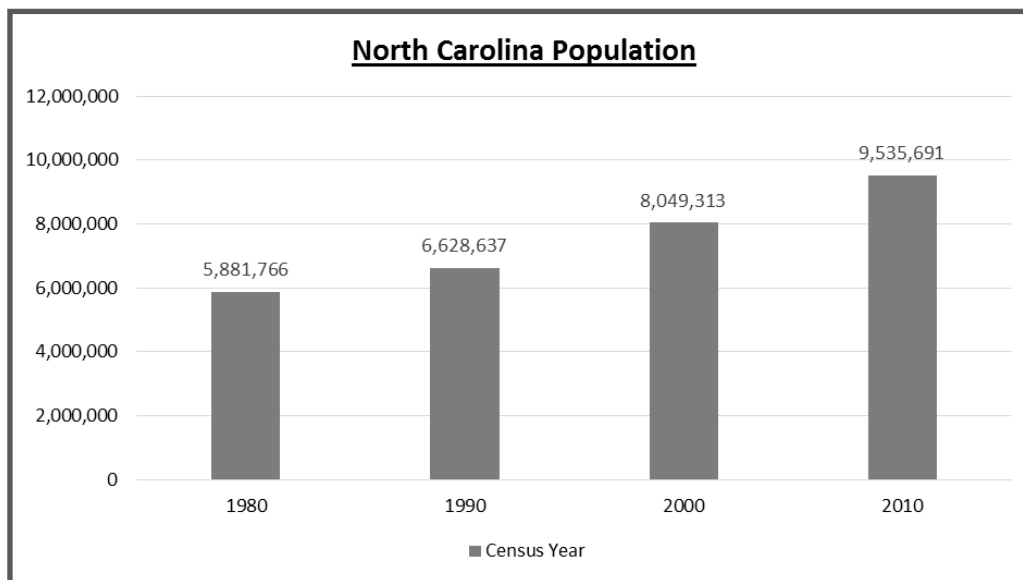
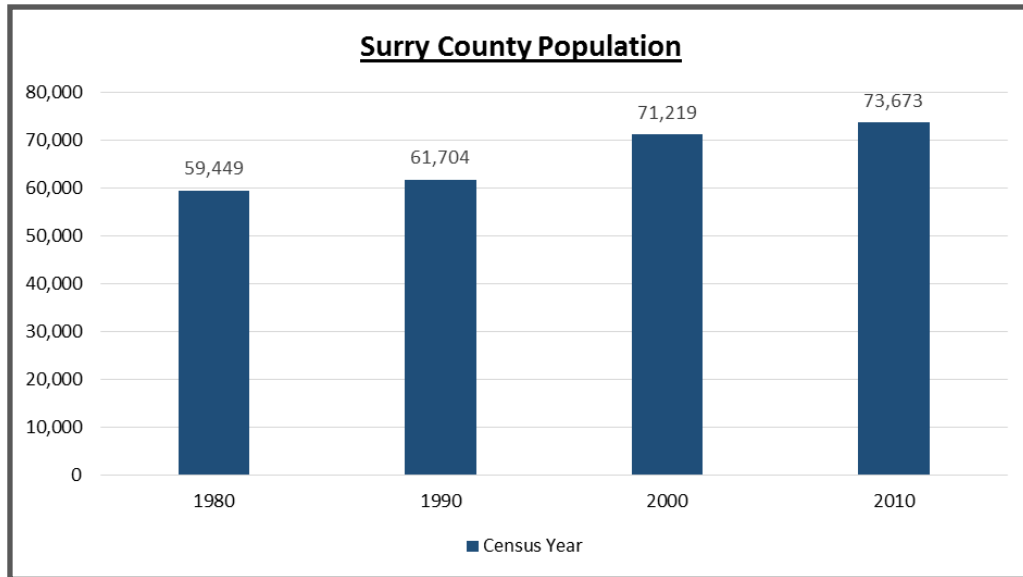
Surry County, established in 1771 from part of Rowan County, borders Virginia and is also located in the Piedmont and mountain divide in North Carolina. The county received its name from one of two sources, a county in England or from the Saura Indians who inhabited the region.

The Saura were the first natives to live and reside in present-day Surry County. The Cherokee Indians had claims in the mountain region of the state, and consequently, there were constant issues of tribal rivalry. Many of the paths and trails made by Indian hunters served as a rough outline for the present railways and highways in Surry. Virginian settlers were the first white men to inhabit the area, and subsequent immigrants from England and Germany came to the region. Attracted by the natural beauty and resources of the region, most built houses and farms along the Yadkin River while others resided on the edge of the Dan River. As more families and frontiersmen colonized the region, a petition was filed with the hope to establish a new courthouse. In 1771 the proposal was adopted and Surry County was finally established.



# Surry County Demographic Profile

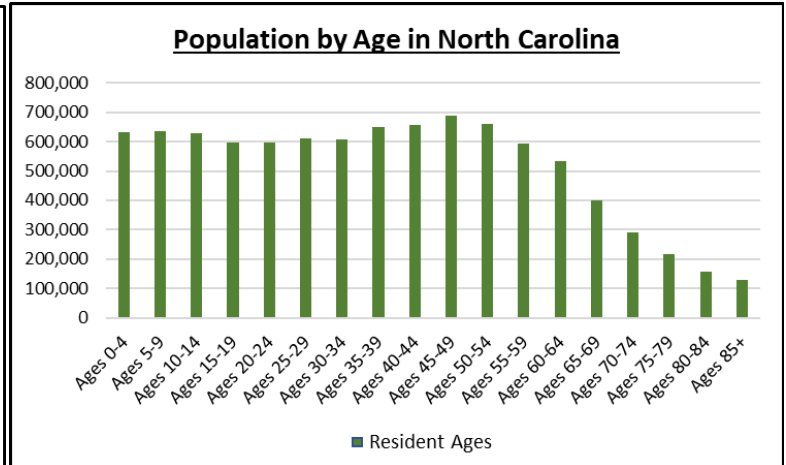
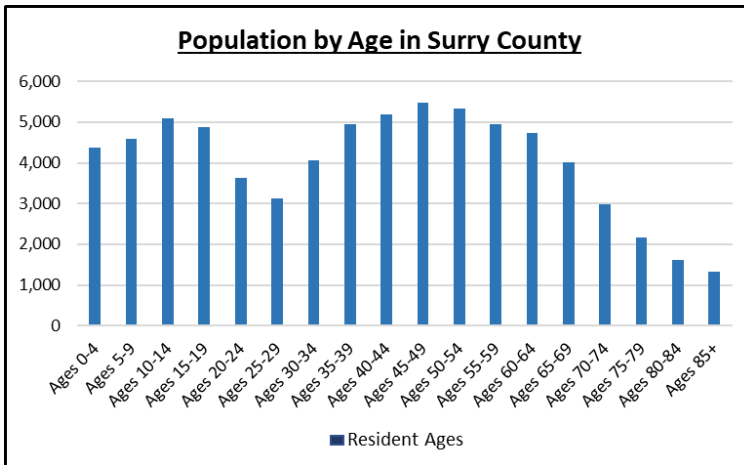
## Population Demographics



**Population:** The population of both Surry County and North Carolina have been steadily increasing over the past few years. According to the 2019 County Health Data Book, it was estimated that in 2017, Surry County's population grew to 72,224 and North Carolina's population grew to 10,273,419.

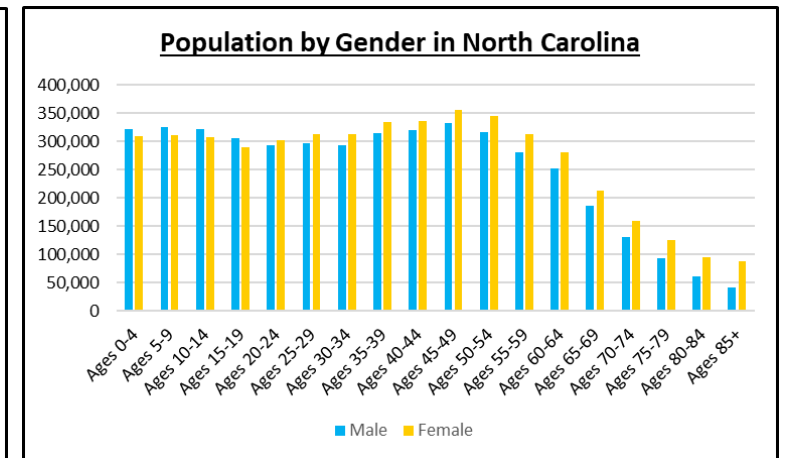
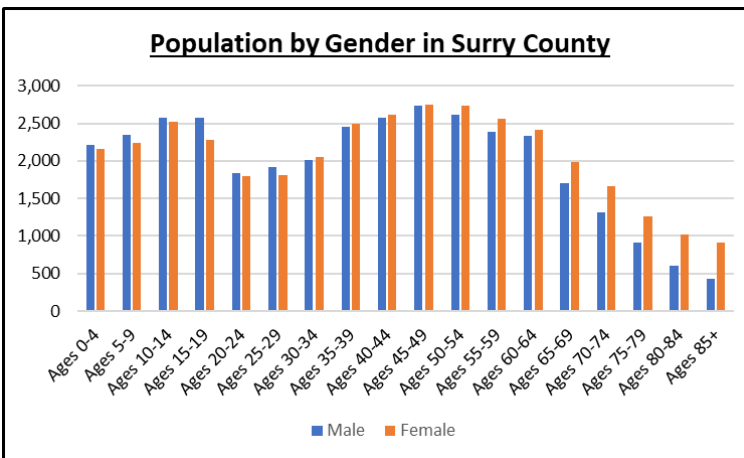


# Age Demographics



**Age of Population:** In Surry County, there are more persons between the ages of 45-49 than any other age category. North Carolina also has the largest representation between the ages of 45-49.

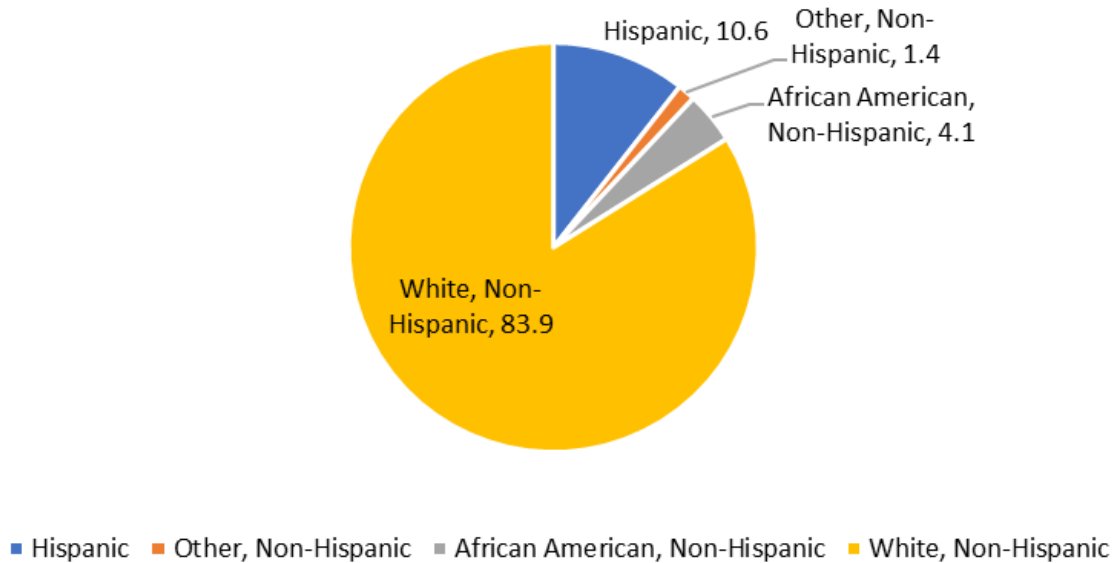
# Gender Demographics



**Gender of Population:** In 2017, Surry County was 51.2% female, and 48.8% male and North Carolina was 51.3% female and 48.7% male. There has not been a significant change in the number of female and male residents in both Surry County and North Carolina over the past 5 years.

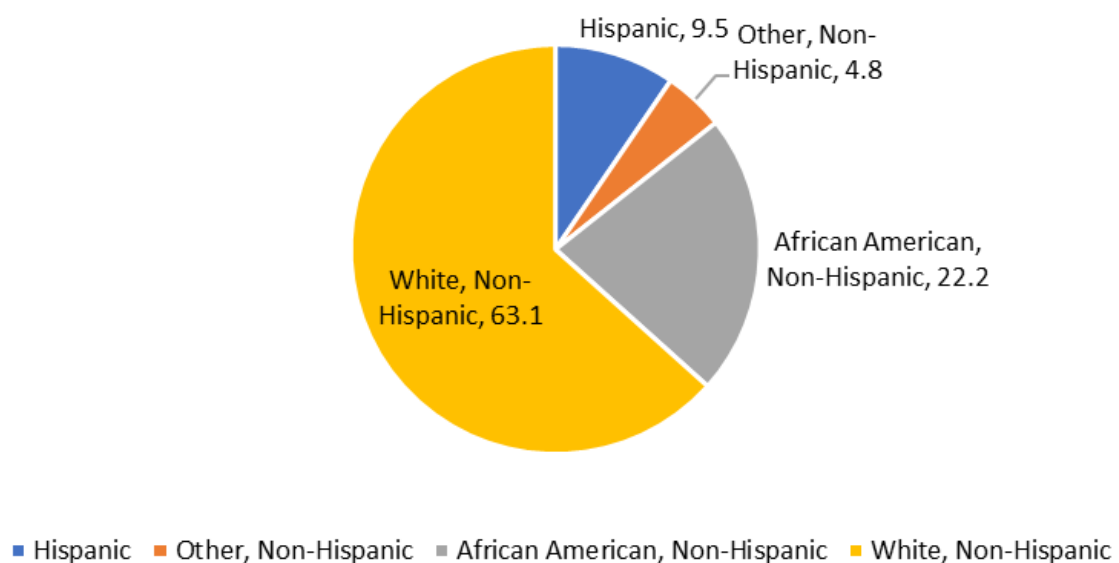
# Race Demographics

**Population by Race in Surry County**



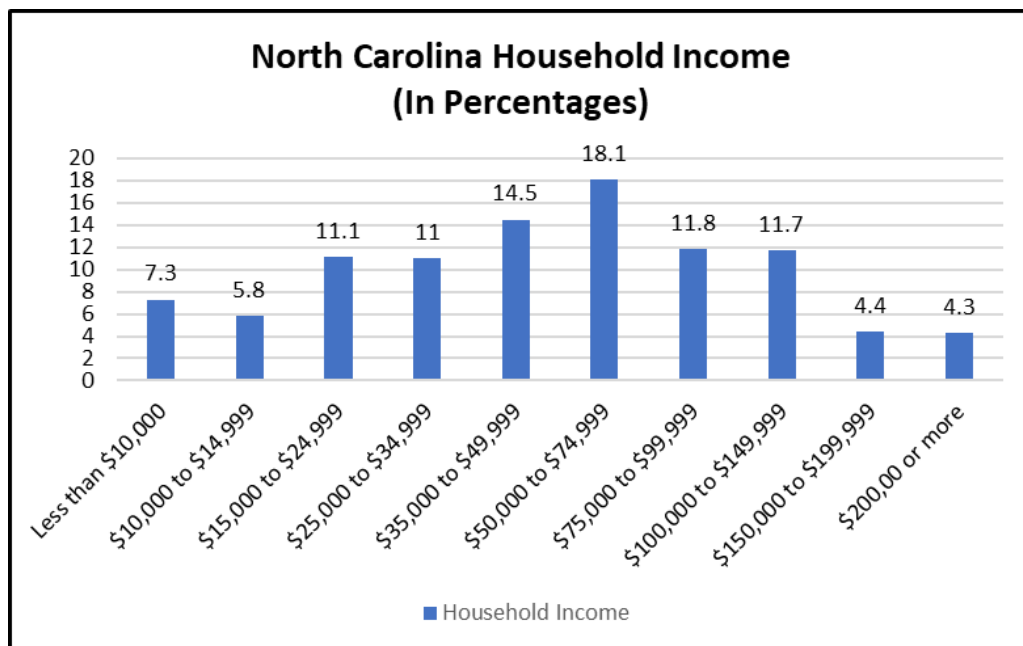
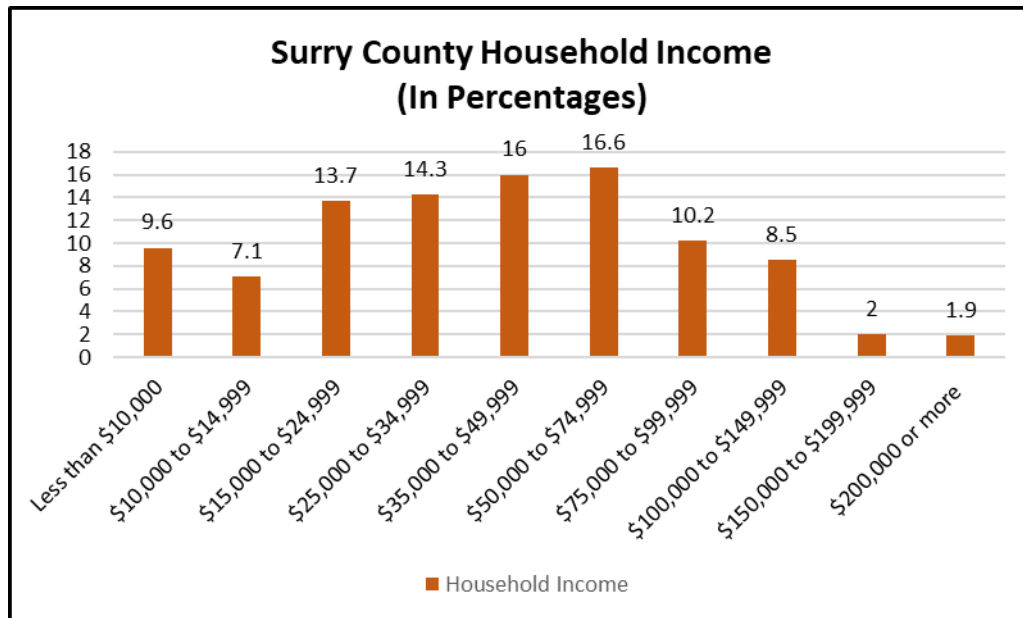
Surry County's population is 83.9% Caucasian, 10.6% Hispanic, 4.1% African American, and 1.4% Other, Non-Hispanic.

**Population by Race in North Carolina**



# Socioeconomic Factors Affecting Health

## Household Income



The 2017 median household incomes are:

Surry County: \$39,071

North Carolina: \$50,320



# Employment Statistics

## Unemployment Rates

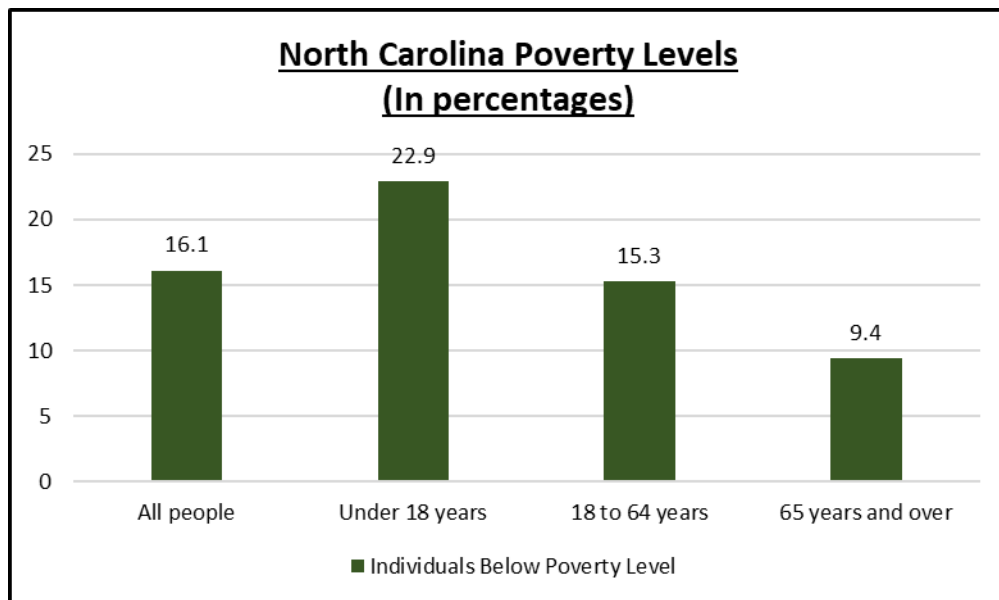
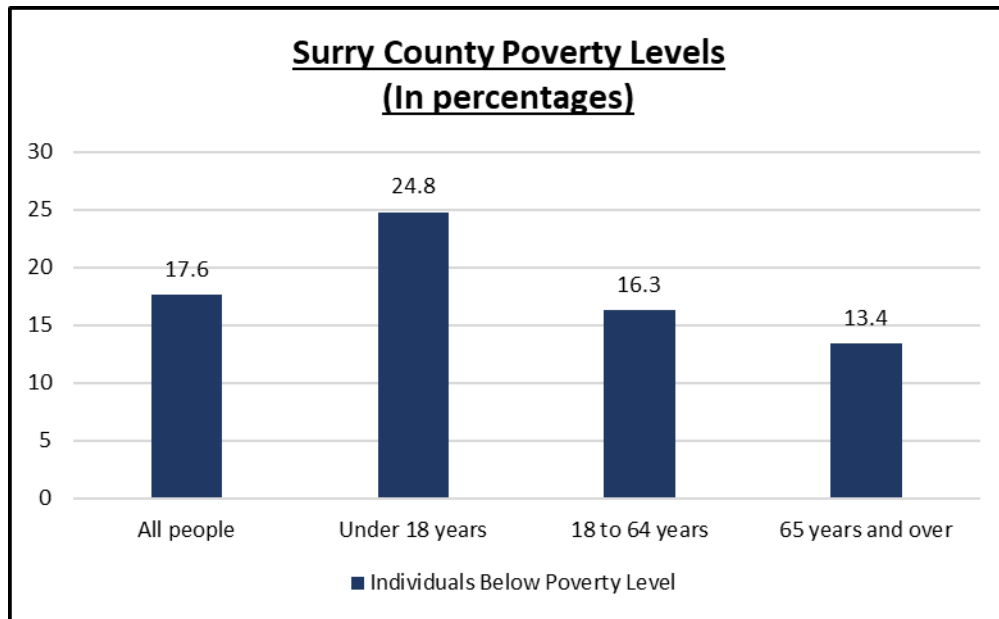
<u>Year</u>	<u>Surry County Unemployment Rate</u>	<u>North Carolina Unemployment Rate</u>	<u>Rutherford County Unemployment Rate</u>
2015	8.6%	8%	11.1%
2016	6.1%	6.1%	8.4%
2017	5.5%	5.7%	7.8%
2018	4.8%	5.1%	6.7%

## 10 Largest Employers in Surry County in 2018

<u>Rank</u>	<u>Company Name</u>	<u>Industry</u>	<u>Employment Range</u>
1	Surry County Board of Education	Education	1,000+
2	Wayne Farms, LLC	Manufacturing	500-999
3	County of Surry	Public Administration	500-999
4	Northern Hospital of Surry	Health Services	500-999
5	Hugh Chatham Memorial Hospital	Health Services	500-999
6	Wal-mart Associates Inc.	Trade, Transportation, & Utilities	500-999
7	Surry Community College	Education	250-499
8	Smith Rowe LLC	Construction	250-499
9	Pike Electric Inc.	Construction	250-499
10	Renfro Corporation	Manufacturing	250-499

**Employment—** Surry County, Rutherford County (Peer County), and North Carolina have all experienced a steady decrease in the unemployment rate from 2015 to 2018.

# Poverty Statistics



Surry County and North Carolina's percentage of persons whose income was below the poverty level in the past 12 months was very similar. The age group with the highest percentage living in poverty is under the age of 18.

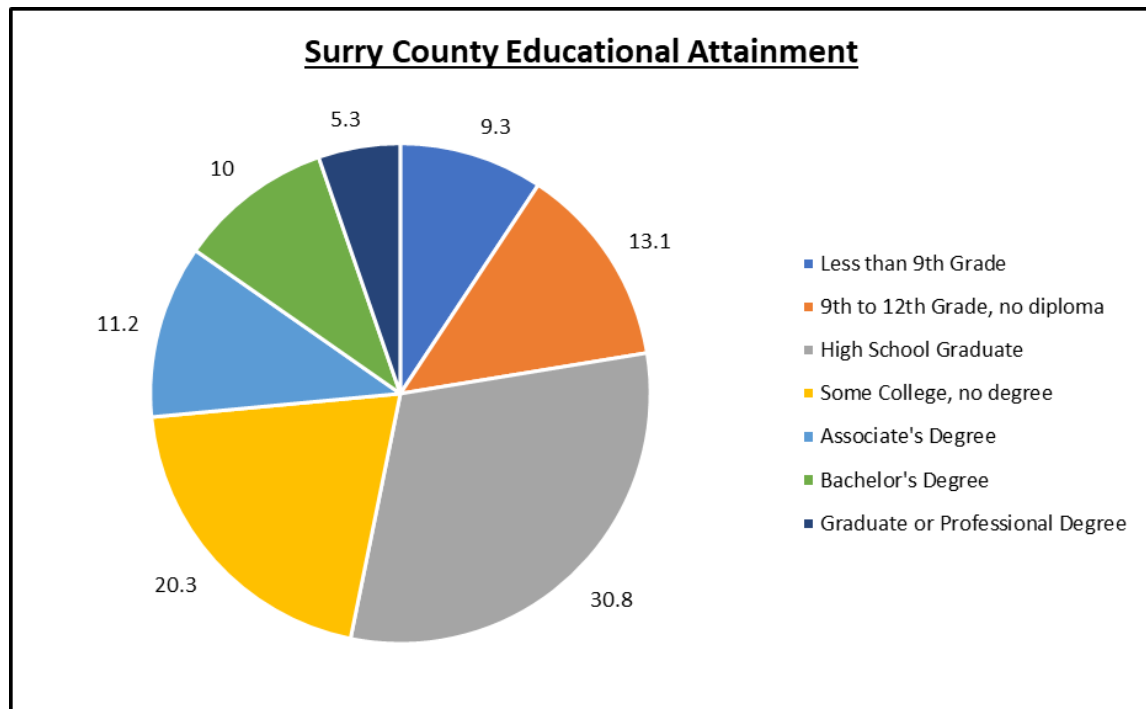
# Education in Surry County

Surry County has an ample amount of educational opportunities. There are three school systems and one charter academy within the county that run Pre-Kindergarten through High School; Surry County Schools, Mt. Airy City Schools, Elkin City Schools, and Millennium Charter Academy.

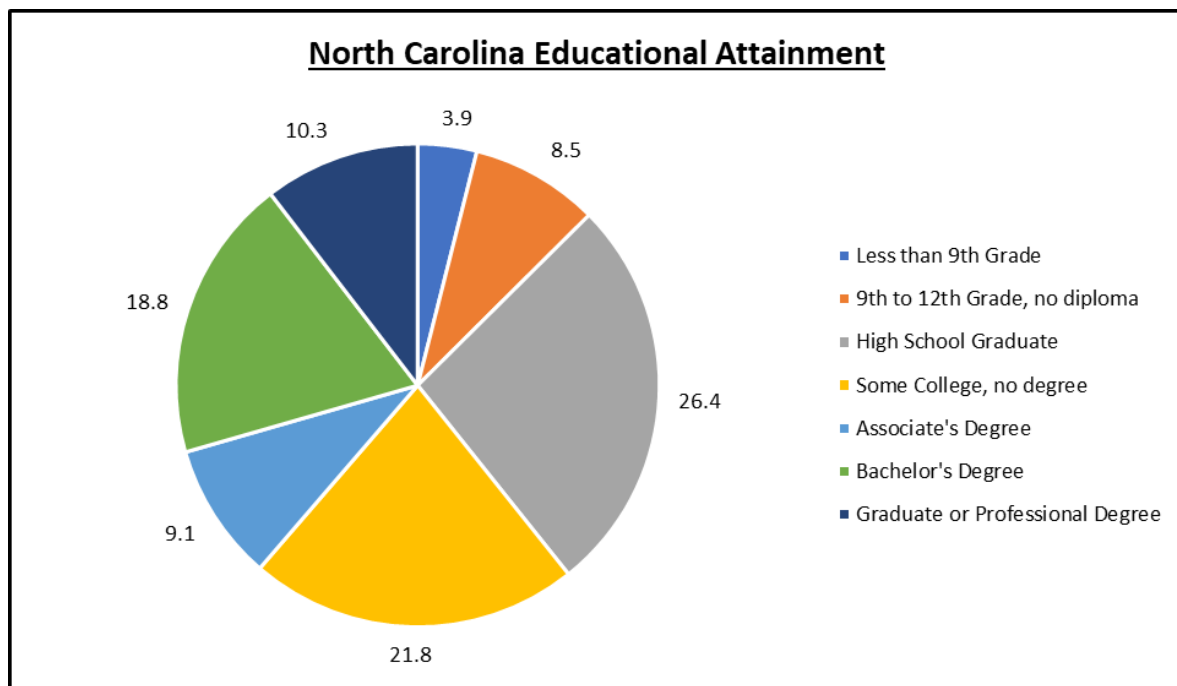
Surry County is also home to Surry Community College that offers 80 programs which consist of associate's degrees, diplomas or certificates, and online bachelor's degree programs.

<u>System</u>	<u>Elementary School</u>	<u>Number of Students</u>	<u>Notes</u>
Surry County	Cedar Ridge	389	
	Copeland	345	
	Dobson	400	
	Flat Rock	274	
	Franklin	572	
	Mountain Park	190	
	Pilot Mountain	440	
	Rockford	383	
	Shoals	275	
	Westfield	237	
	White Plains	337	
Elkin City	Elkin	641	Pre-K - 6th grade
Mt. Airy City	Tharrington Primary	372	K-2nd grade
Mt. Airy City	Jones Intermediate	361	3rd-5th grade
	Millennium Charter Academy	675	Charter K-12th grade
<u>System</u>	<u>Middle School</u>	<u>Number of Students</u>	<u>Notes</u>
Surry County	Central Middle	602	6th-8th grade
	Gentry Middle	367	6th-8th grade
	Meadowview Middle	428	6th-8th grade
	Pilot Mountain Middle	463	6th-8th grade
	Elkin Middle	188	6th-8th grade
	Mt. Airy Middle	358	6th-8th grade
<u>System</u>	<u>High School</u>	<u>Number of Students</u>	<u>Notes</u>
Surry County	North Surry	861	
	East Surry	628	
	Surry Central	801	
	Surry Early College High School	383	
	Elkin High	392	
	Mt. Airy High	542	

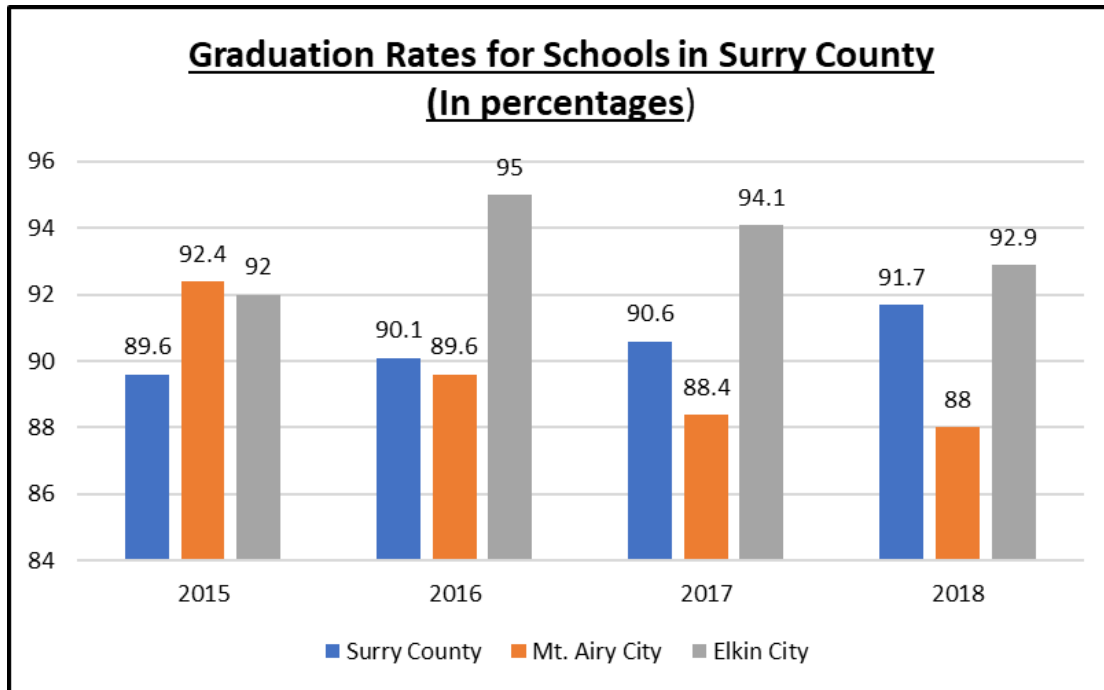
# Educational Attainment



77.6% of individuals in Surry County have a high school diploma or higher.



# Graduation Rates



# SAT Scores

## **2018 Average SAT Scores:**

Surry County Schools	1084
Elkin City Schools	1050
Mt. Airy City Schools	1133
North Carolina	1090
United States	1049

The average Scholastic Aptitude Test (SAT) scores for the three school systems vary as much as 84 points from one another; however, all three school systems rank above the national average.

# Environmental Factors Affecting Health

## Water/Air Quality

In North Carolina, local county health departments administer well testing programs in their respective jurisdictions for private drinking water wells. Surry County Health & Nutrition Center's Environmental Health Division obtains well water samples and takes the necessary steps to remediate any problems that may arise.

### 2018 Surry County Air Quality Summary

<u>Air Quality Index Range</u>	<u>Classification</u>	<u>Number of Days within Each Range</u>
0-50	Good	241
51-100	Moderate	122
101-150	Unhealthy for Sensitive Groups	3
151-200	Unhealthy	0
201-300	Very Unhealthy	0
> 301	Hazardous	0

\*\*Air quality is not tested in every county; therefore, the values above are from Forsyth County, NC, which is the closest point where actual values are determined.\*\*

## Lead Hazards

Lead exposure is a public health problem in adults and children across North Carolina and the U.S. Children can be poisoned at much lower levels and have more serious health effects. Surry County Environmental Health is a part of the Childhood Lead Poisoning Prevention Program. When contacted with a confirmed elevated/poisoned blood level in a child less than six years old, they will conduct an investigation to try to identify the possible source.



Source: Centers for Disease Control



# Socioeconomic Factors Affecting Health

Surry County was designated as a Tier 2 county in 2017 and 2018. However, according to the NC Department of Commerce, Surry County has now dropped to a Tier 1 county for 2019, indicating it is one of the 40 most distressed counties in the state. County tiers are calculated using four factors: average unemployment rate, median household income, percentage growth in population, and adjusted property tax base per capita.

The 2013-2017 American Community Survey states that the median household income in Surry County is slightly over \$11,000 less than that of North Carolina, which is a greater deficit than what is shown in the 2009-2013 American Community Survey. Nearly 18% of the total population of Surry County reported an income that was below the poverty level in 2017, with the largest age group living in poverty being those under the age of 18.

Surry County offers multiple employment opportunities, with the largest employer in the county being the Surry County School System. Over the last 4 years there has been a steady decline in the unemployment rates, both in Surry County and North Carolina. The unemployment rate for Surry County as of 2018 is 4.8%. There are 32,246 individuals in the labor force as of 2017, and the average weekly wage is \$677.00.

Surry County is made up of three school systems: Elkin City Schools, Mt. Airy City Schools, and Surry County Schools. These school systems provide an abundance of employment opportunities for residents and a quality education for students. Surry County's graduation rate is higher than the state and national average. The SAT scores are comparable to the state and national averages. As of 2018, 56% of students in the county are eligible for free or reduced lunch prices.

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## Environmental Factors Affecting Health

Surry County has an Environmental Health Division of the Health Department, and their primary function is to safeguard lives by promoting health and protecting the environment with the use of rules, technology, public education and dedication. Environmental health encompasses food protection, facilities inspection, children's environmental health and on-site water protection.

In 2018, the Environmental Health division completed 1,788 inspections, visits and investigations for the food and lodging program to enact and enforce standards for food handling to reduce the risk of food-borne illness and other communicable diseases. There were 2,140 visits and investigations for the on-site wastewater program which provides oversight of wastewater treatment and testing of private drinking water wells.

In addition to ensuring the safety of food and water, they also inspect and provide sanitation ratings for daycare facilities and school buildings, conduct investigations of homes and facilities associated with elevated blood levels in children through the childhood lead poisoning prevention program, permits and inspects public swimming pools and spas, and permits and inspects tattoo establishments and tattoo artists.

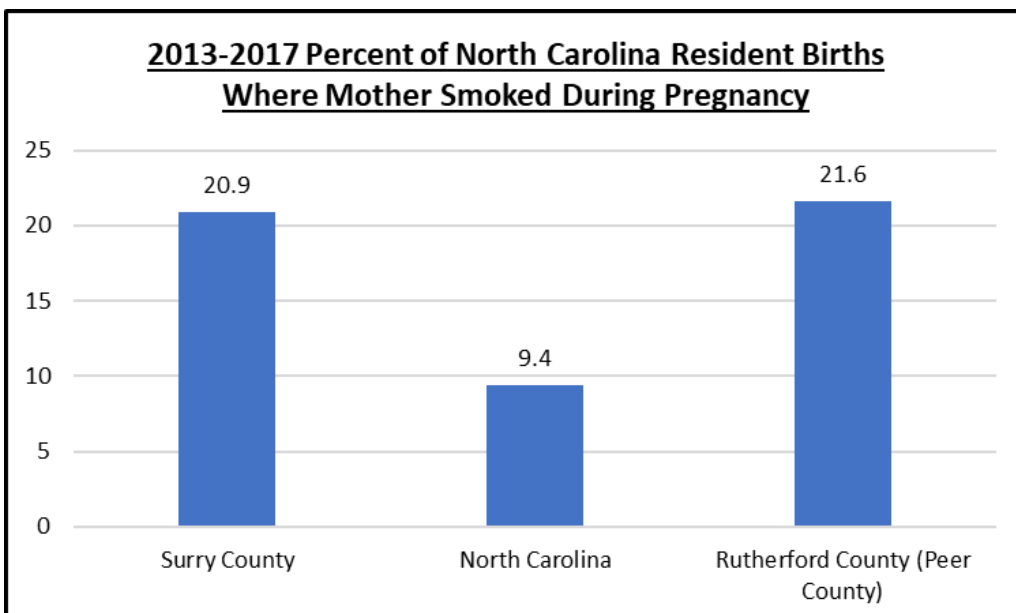
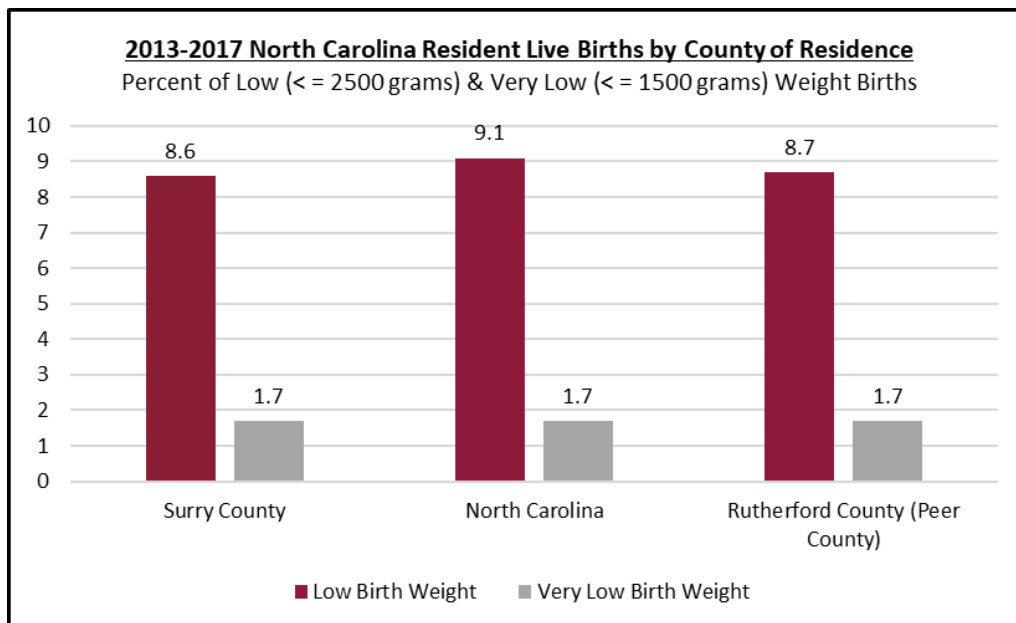
The overall water and air quality measurements are acquired through the North Carolina Department of Environment and Natural Resources and are monitored at the local division offices throughout the state.

# Community Health Status

## Births

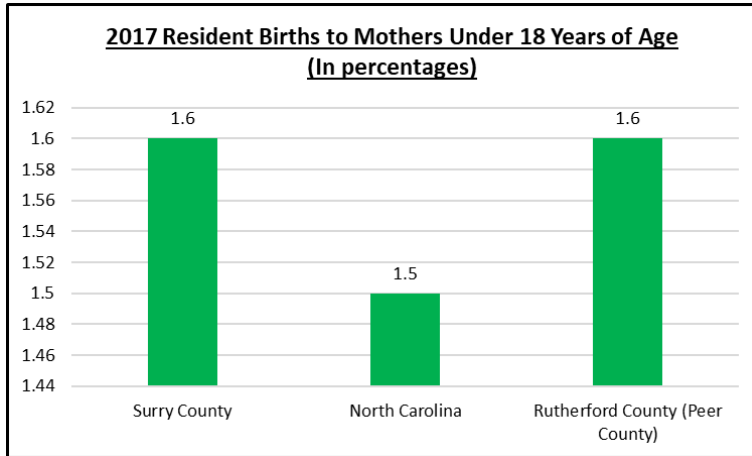
North Carolina Resident Live Birth Rates per 1,000 Population 2013-2017

<u>County of Residence</u>	<u>Total Births</u>	<u>Rate</u>
Surry County	3,692	10.2
North Carolina	601,621	12
Rutherford County (Peer County)	3,364	10.1

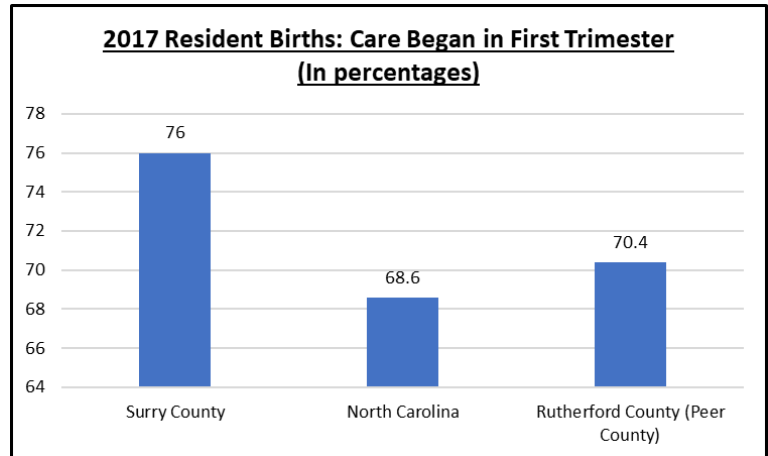


# Births

## Teen Pregnancies:



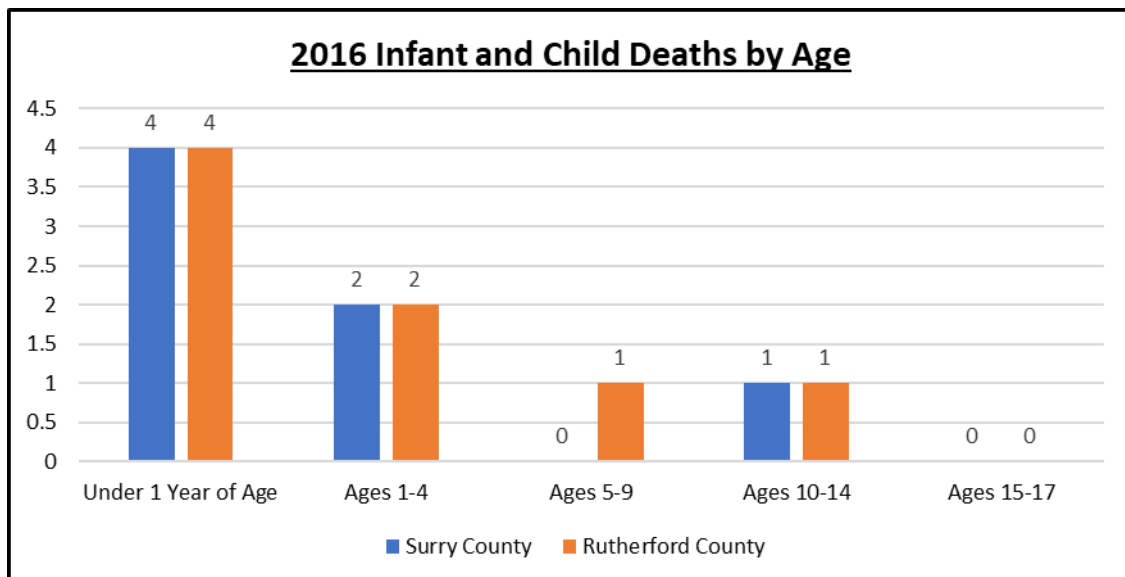
## Began Care in First Trimester of Pregnancy:



In 2017, Surry County and Rutherford County had the same rate of births to mothers under 18 years of age. Slightly, more women began prenatal care in the first trimester of pregnancy in Surry County compared to Rutherford County and North Carolina.

# Infant Mortality

<u>County of Residence</u>	<u>2017 Infant Mortality Rates</u>
Surry County	6.0
North Carolina	7.1
Rutherford County (Peer County)	7.4

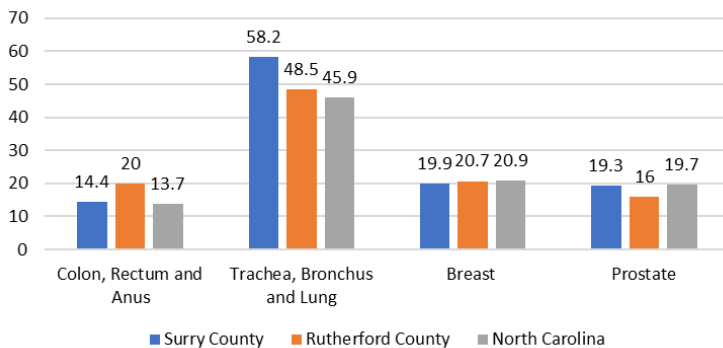


# Leading Causes of Death

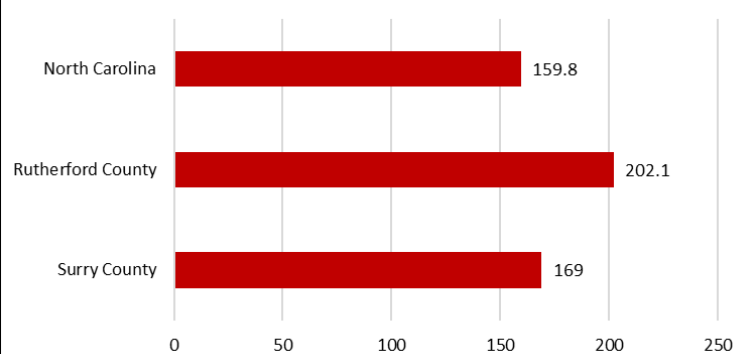
## 2017 Leading Causes of Death in Surry County

Rank	Cause	Number	%
1	Cancer	207	21.2
2	Disease of the heart	182	18.6
3	Chronic lower respiratory diseases	61	6.2
4	Cerebrovascular diseases	51	5.2
5	All other unintentional injuries	48	4.9
6	Alzheimer's disease	37	3.8
7	Diabetes mellitus	32	3.3
8	Intentional self-harm (suicide)	30	3.1
9	Influenza and pneumonia	29	3.0
10	Chronic liver disease and cirrhosis	19	1.9
11	Septicemia	19	1.9

**2013-2017 Age-Adjusted Death Rates  
Cancer (Selected Sites)**

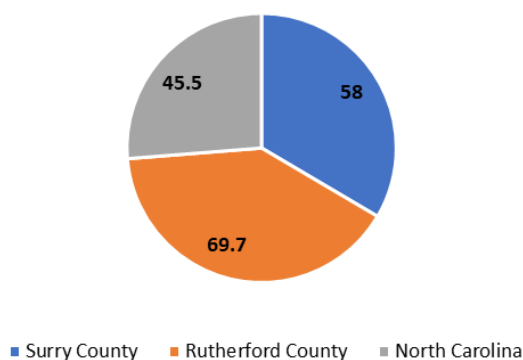


**2013-2017 Age-Adjusted Death Rate  
Diseases of the Heart**



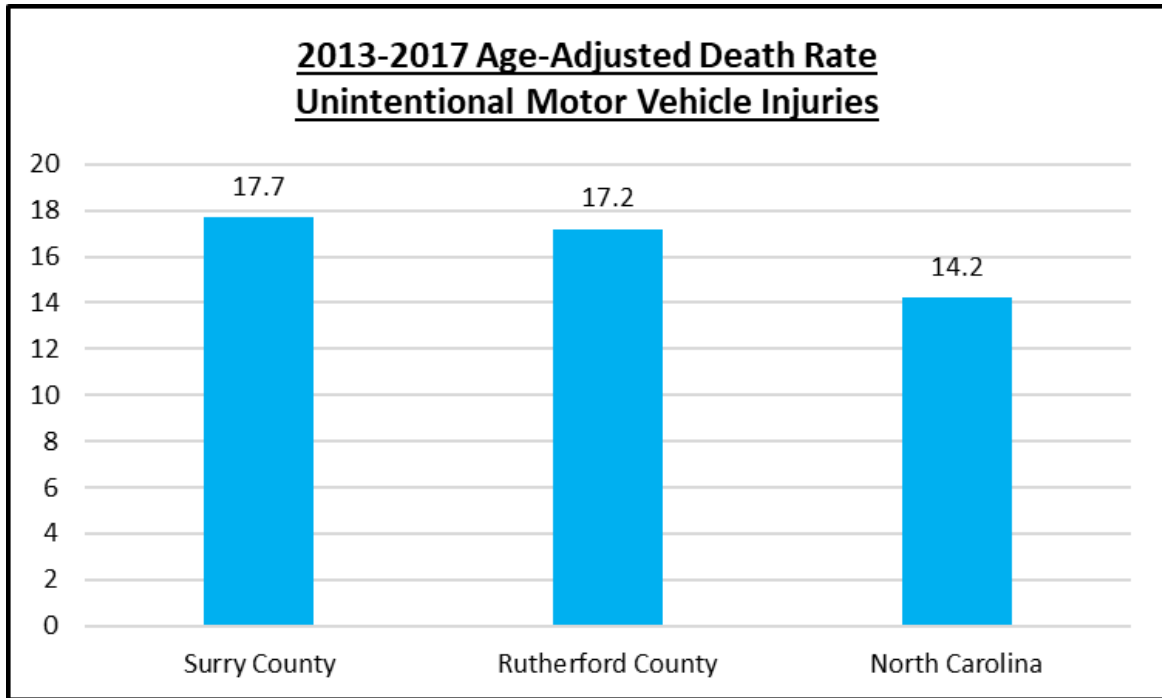
\*\*Standard = Year 2000 U.S. Population; \*Rates per 100,000 Population \*\*

**2013-2017 Age-Adjusted Death Rates  
Chronic Lower Respiratory Diseases**

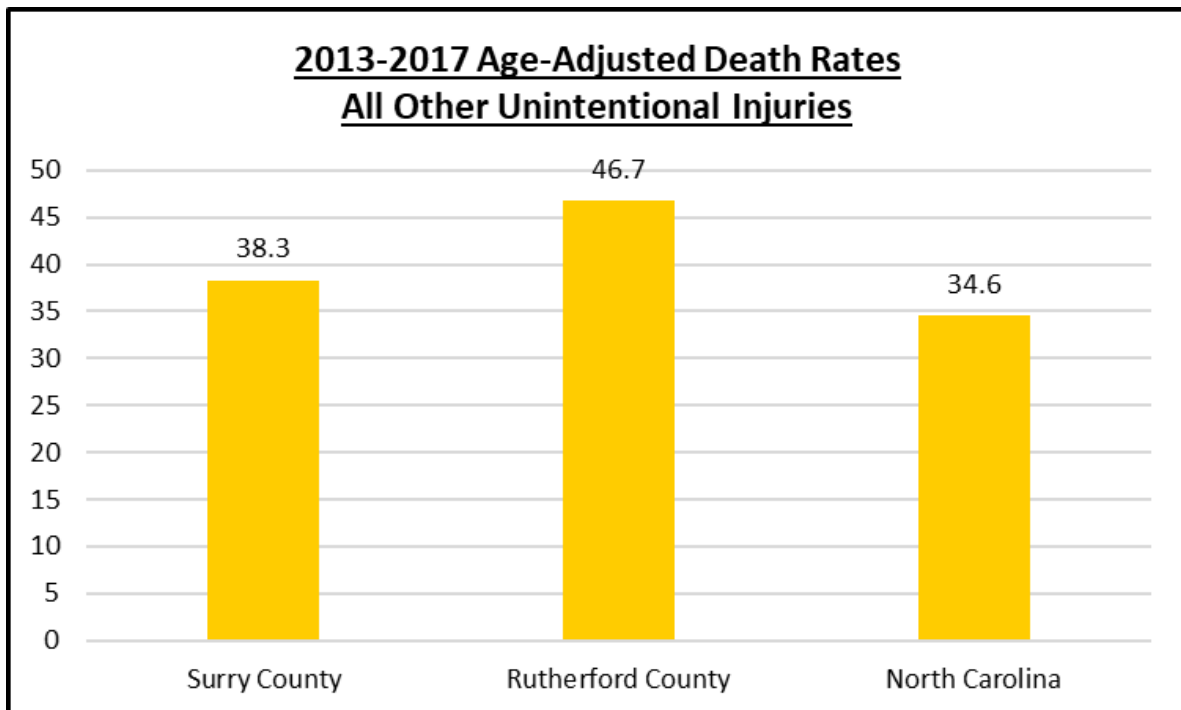


Throughout the years 2013-2017, Trachea, Bronchus, and Lung Cancer was the leading cause of cancer related deaths for Surry County, Rutherford County, and North Carolina. Deaths related to diseases of the heart was slightly higher in Surry County than North Carolina but still significantly less than Rutherford County. The rate of Chronic Lower Respiratory Disease related deaths were higher in Surry County than North Carolina but less than Rutherford County.

# Unintentional Injury Deaths

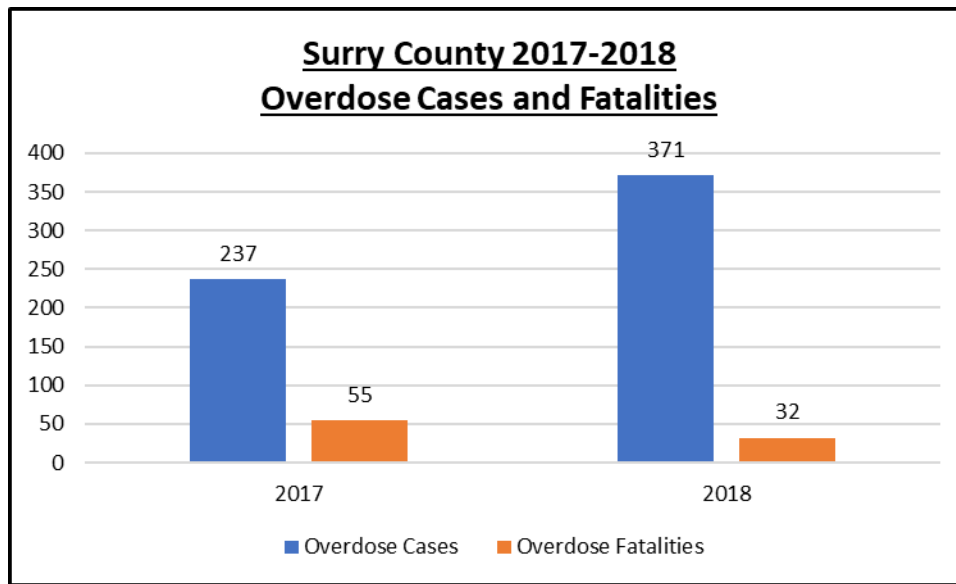


\*\*Standard = Year 2000 U.S. Population; \*Rates per 100,000 Population \*\*



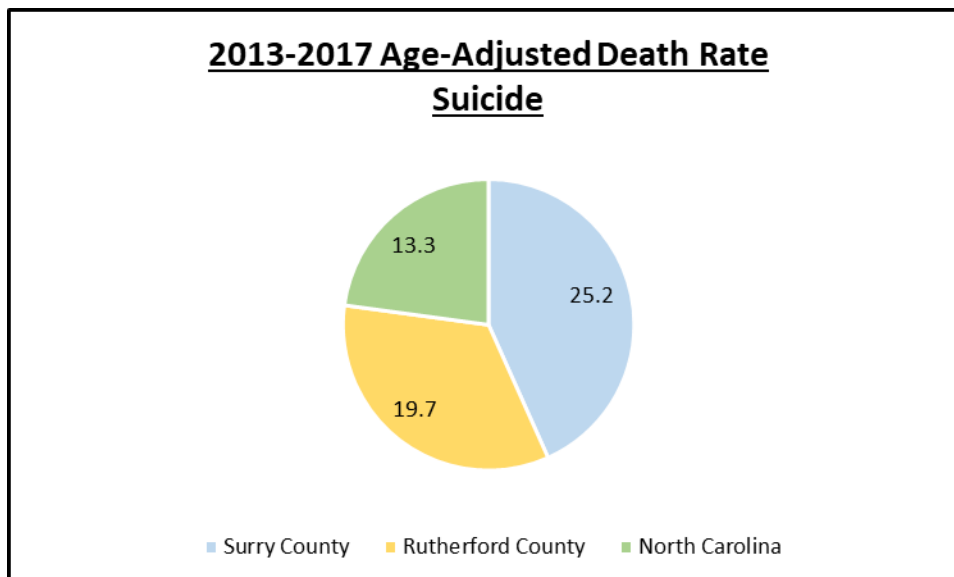
\*\*Standard = Year 2000 U.S. Population; \*Rates per 100,000 Population \*\*

# Substance Abuse



Surry County experienced a decline in Overdose Fatalities in 2018 compared to 2017, due to having Narcan readily available for use, but there was a drastic increase in the number of Overdose Cases. This shows that many forms of substance abuse are still a big problem.

# Suicide



Surry County had a high rate of suicide related deaths from 2013-2017. Surry was among the top 5 counties in North Carolina from 2013-2017 for the greatest number of suicide deaths.



# Asthma

## 2014 Hospital Discharges with a primary diagnosis of Asthma, per 100,000

<u>Residence</u>	<u>Total Number</u>	<u>Total Rate</u>
Surry County	48	65.8
Rutherford County (Peer County)	51	76.6
North Carolina	9,035	90.9

# Diabetes Prevalence

## 2018 Diagnosed Diabetes Prevalence

<u>Residence</u>	<u>%</u>
Surry County	12
Rutherford County (Peer County)	14
North Carolina	11

# Obesity

## 2018 Adult Obesity

<u>Residence</u>	<u>% of Adults who are Obese</u>
Surry County	30.0
Rutherford County (Peer County)	31.0
North Carolina	30.0

# Communicable Disease

## HIV/AIDS

<u>Residence</u>	<u>Persons Living with HIV Infection as of 2017</u>
Surry County	84
Rutherford County (Peer County)	86
North Carolina	35,045

## Chlamydia

<u>Residence</u>	<u>Cases in 2017</u>	<u>Cases in 2016</u>	<u>Cases in 2015</u>
Surry County	213	185	169
Rutherford County (Peer County)	244	223	188
North Carolina	62,893	58,078	54,384

## Gonorrhea

<u>Residence</u>	<u>Cases in 2017</u>	<u>Cases in 2016</u>	<u>Cases in 2015</u>
Surry County	46	34	15
Rutherford County (Peer County)	152	83	44
North Carolina	22,694	19,726	17,049

## Early Syphilis (Primary, Secondary, Early Latent)

<u>Residence</u>	<u>Cases in 2017</u>	<u>Cases in 2016</u>	<u>Cases in 2015</u>
Surry County	4	4	3
Rutherford County (Peer County)	4	4	5
North Carolina	1,844	1,823	1,870

# Community Health Survey and Results

\*\*Survey results are in percentages, unless otherwise noted.\*\*

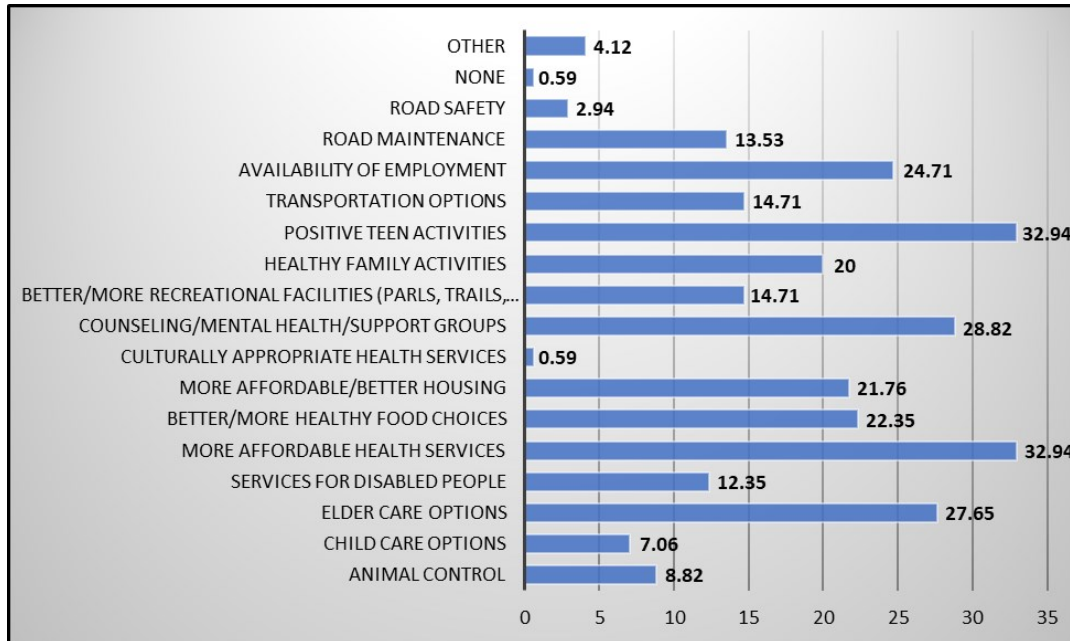
1. In your opinion, what is the biggest health issue (s) facing your community today?

## Top 3

1. Substance Abuse
2. Obesity
3. Mental Health

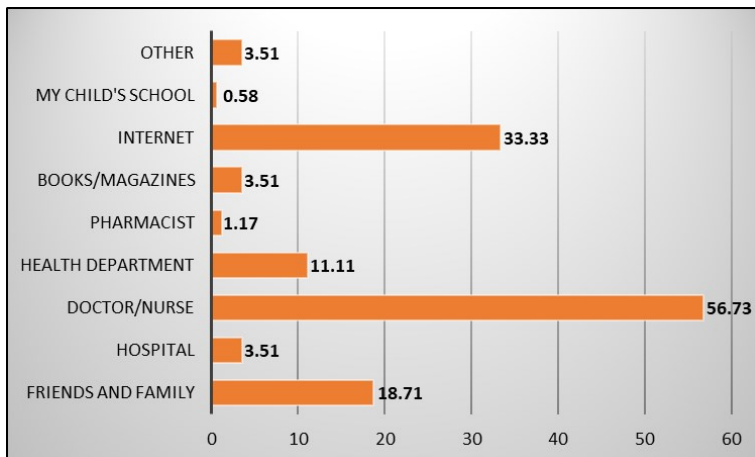
Question 1 identifies the top health concerns as seen by the citizens of Surry County.

2. In your opinion, what are the top 3 services that need the most improvement in your community?  
(Please check your top three)



Question 2 shows that more affordable health services and positive teen activities need the most improvement in the community.

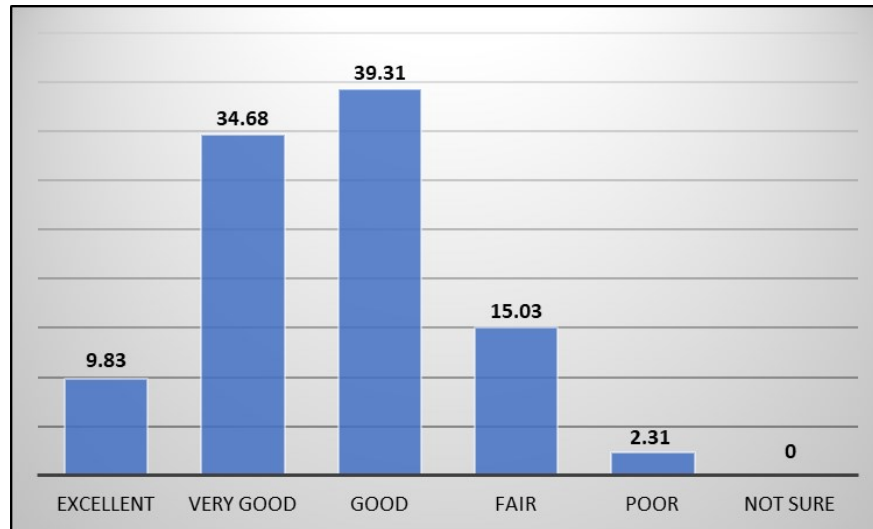
3. Where do you get most of your health-related information? (Please check one)



Question 3 shows that over half of the survey participants get most of their health-related information from a doctor or nurse.

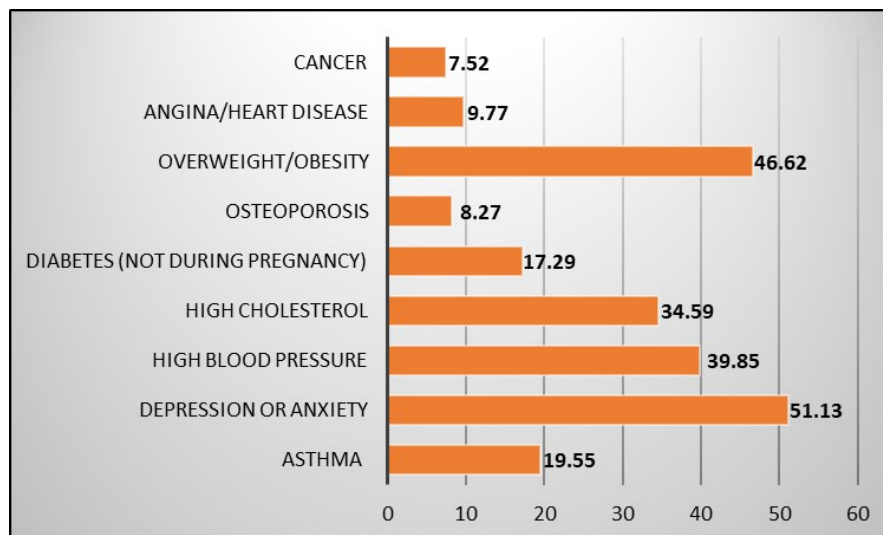
# Survey and Results

4. Would you say that, in general, your health is: (Please check one)



Question 4 shows that the majority of survey participants think they are in good or very good health.

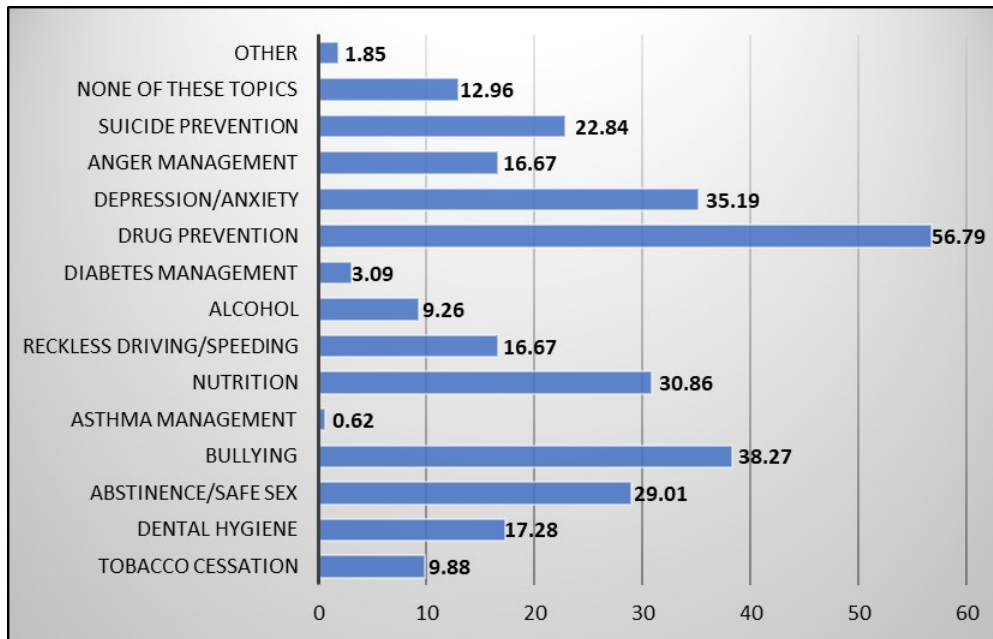
5. Have you ever been told by a doctor, nurse, or other health professional that you have any of the following health conditions?  
(Please check all that apply)



Question 5 shows that Depression/Anxiety was diagnosed more than any other health condition among survey participants.

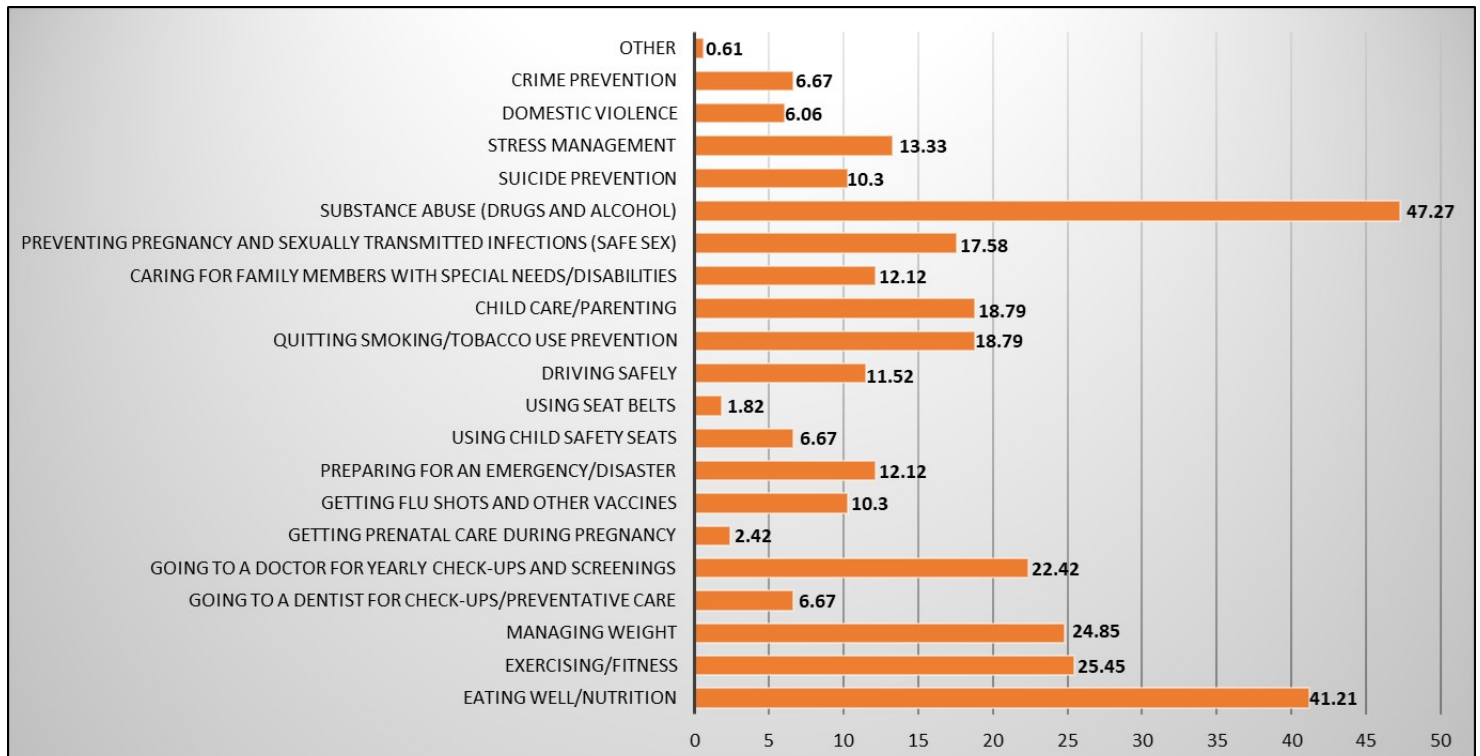
# Survey and Results

6. Which of the following health topics do you think your child(ren) need(s) more information about? (Please check your top three)



Question 6 identifies Drug Prevention, Bullying and Depression/Anxiety as the top three topics that children need more information about.

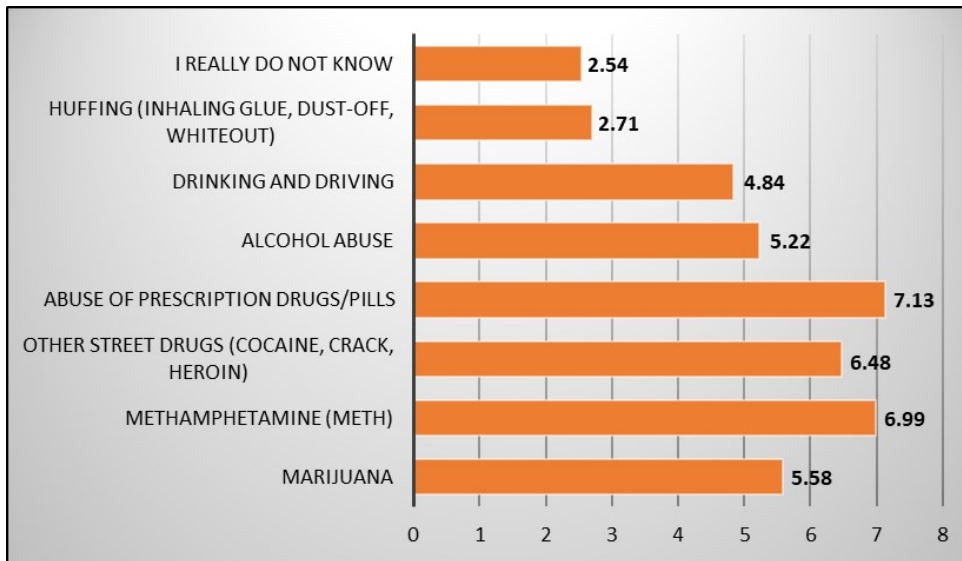
7. In your opinion, which top 3 health behaviors do people in your community need more information about? (Please check your top 3)



Question 7 identifies Substance Abuse, Eating Well/Nutrition and Exercising/Fitness as the top three health behaviors that the community needs more information about.

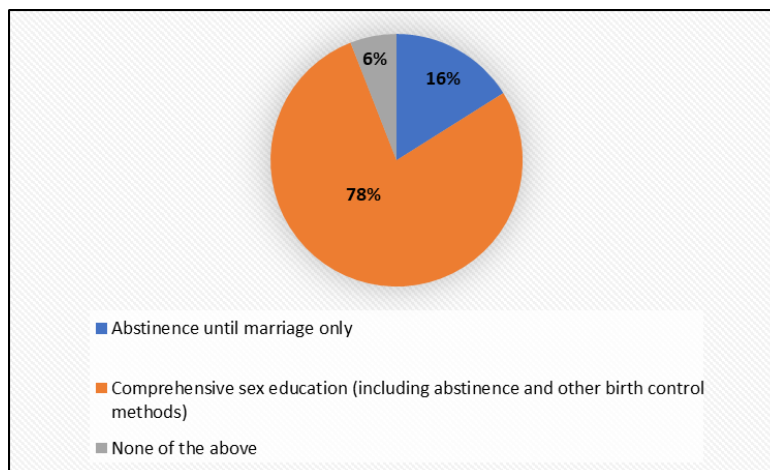
# Survey and Results

8. What are the top 3 biggest substance abuse problems in Surry County? (Rank 1 to 3, with 1 being the biggest problem)



Question 8 shows the top 3 substance abuse problems in the county according to the survey population. These are Abuse of Prescription Drugs/Pills, Methamphetamine (Meth), and Street Drugs (Cocaine, Crack, Heroin).

9. To prevent teen pregnancy and sexually transmitted diseases, which of the following should be taught in our local schools? (Please check one)



Question 9 shows that well over half of the survey participants think Comprehensive Sex Education should be taught in the local schools.



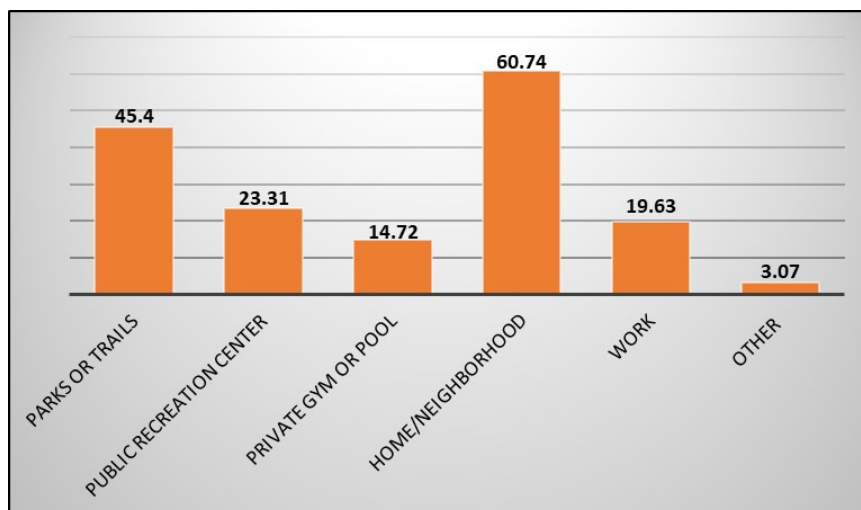
# Survey and Results

10. The recommendation for physical activity is 30 minutes a day, 5 days a week (2.5 hours per week). Please choose the main reason keeping you from getting this much physical activity. (Please check one)



Question 10 shows that 32% of survey participants feel they do not have time to exercise, while 28% of participants think they get the recommended amount of physical activity in a weeks time.

11. Where do you go to exercise or engage in physical activity? (Please check all that apply)



Question 11 shows that over half of survey participants engage in physical activity at home or in their neighborhood.

12. Do you currently smoke?

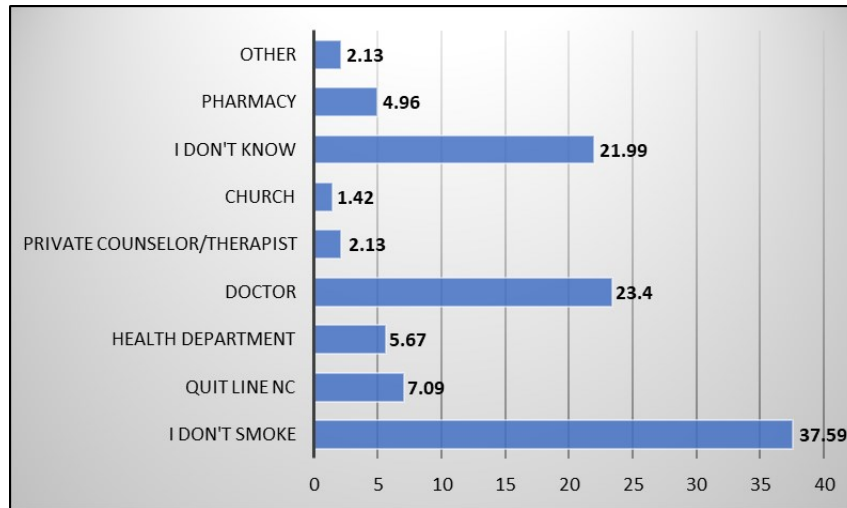
Yes: 18.13%

No: 81.87%

Question 12 indicates that a large majority of the survey participants are non-smokers.

# Survey and Results

13. Where would you go for help if you wanted to quit smoking? (Please check all that apply)



Question 13 shows that most of the survey participants don't smoke. For those that do smoke, most would get help from a doctor, while others aren't sure where they would seek help.

14. Do you support tobacco-free environments, such as restaurants, workplaces, community colleges, and other public areas?

Yes: 91.76%

No: 8.24%

Question 14 shows that the majority of survey participants support tobacco-free environments.

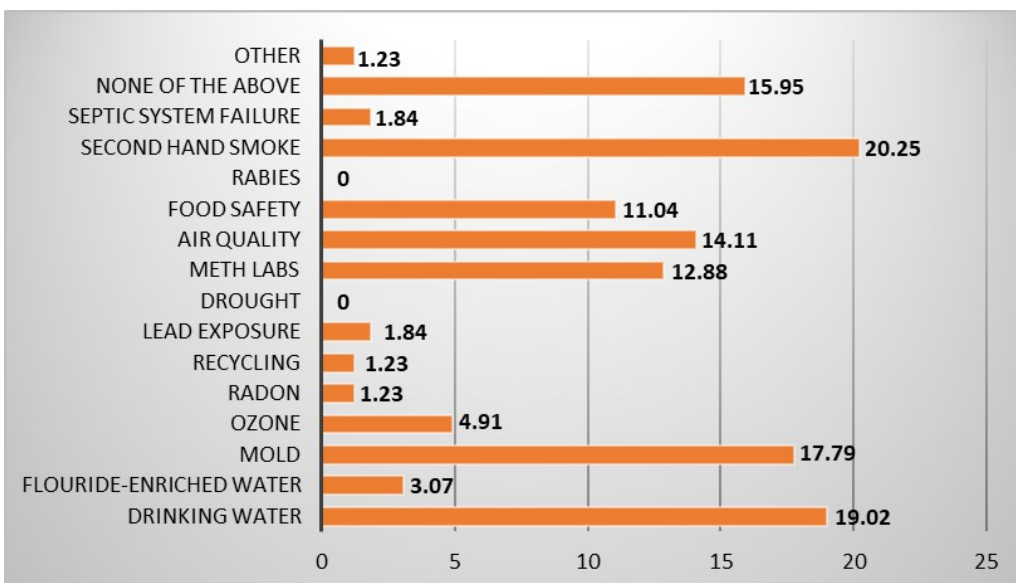
15. Do you and your family recycle?

Yes: 67.06%

No: 32.94%

Question 14 shows that the majority of survey participants recycle.

16. Which of the following Surry County environmental health concerns do you believe most affects your health? (Please choose one)



Question 16 indicates that the majority of survey participants believe Second Hand Smoke most affects their health in Surry County.

# Survey and Results

17. If you are over age 50, have you ever had a colonoscopy?

Yes: 29.75%

No: 6.96%

I am not over age 50: 63.29%

Question 17 indicates that the majority of participants are not over the age of 50.

18. If you are a male over age 40, do you have an annual prostate exam?

Yes: 8.59%

No: 7.81%

I am not a male over age 40: 83.59%

Question 18 indicates that the majority of participants are not male or over the age of 40.

19. If you are a female over age 40, do you have an annual mammogram?

Yes: 33.77%

No: 5.84%

I am not a female over the age of 40: 60.39%

Question 19 indicates that the majority of participants are not female or over the age 40.

20. If you are a female, do you have a pap smear at least every other year?

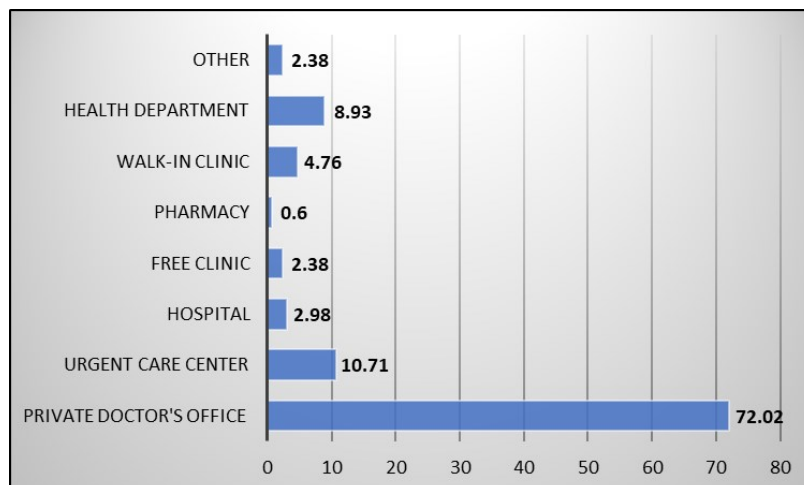
Yes: 74.83%

No: 17.22%

I am not a female: 7.95%

Question 20 indicates that the majority of female participants get a pap smear at least every other year.

21. Where do you go most often for health care when you are sick? (Please check one)



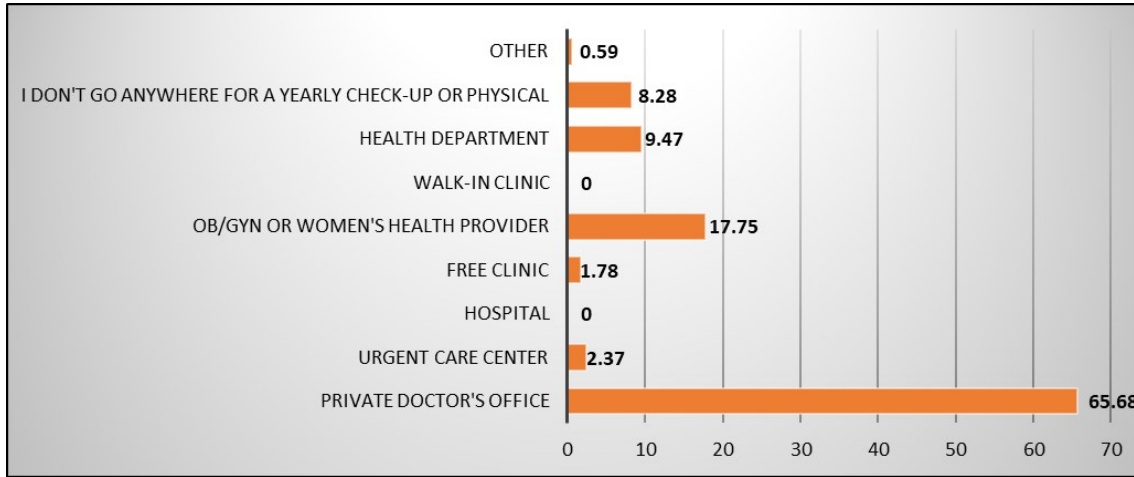
## Top 3

1. Private Doctor's Office
2. Urgent Care Clinic
3. Health Department

Question 21 shows that the majority go to a Private Doctor's Office when they are sick.

# Survey and Results

22. Where do you go when you need your yearly check-up or physical? (Please check one)

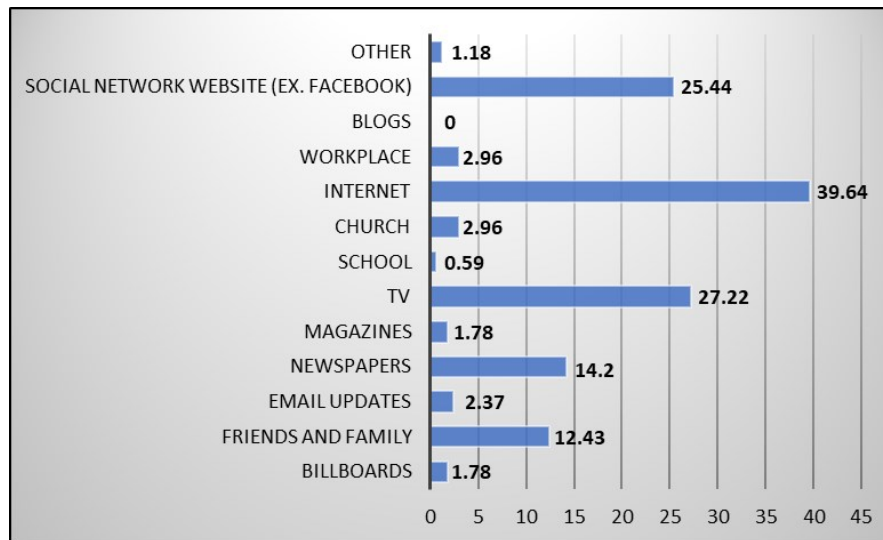


## Top 3

1. Private Doctor's Office
2. OB/GYN/Women's Health Provider
3. Health Department

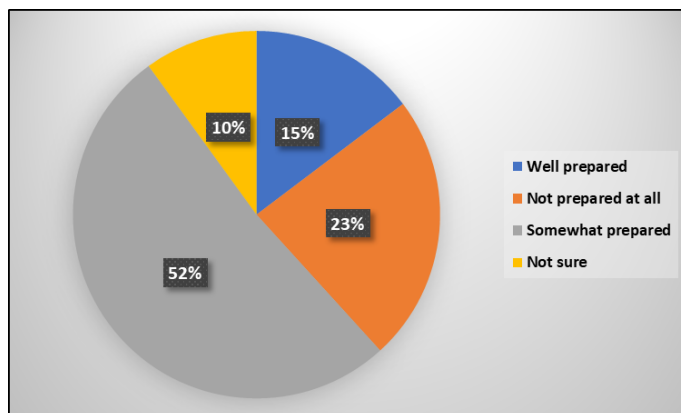
Question 22 shows that the majority of participants go to a Private Doctor's Office for their yearly check-up or physical.

23. Where do you go first to find out about local news or events? (Please check one)



Question 23 shows that the majority of participants go to the internet to find out about local events.

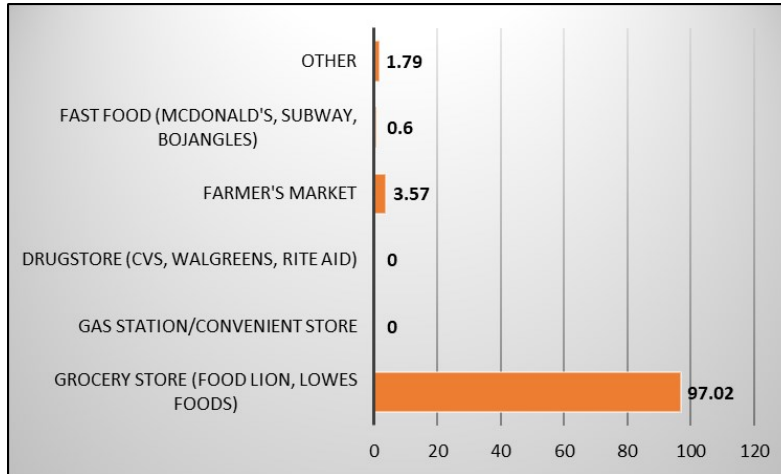
24. How prepared do you feel your household is to handle a large-scale disaster or emergency?



Question 24 shows that over half of the participants feel somewhat prepared for a large-scale disaster or emergency.

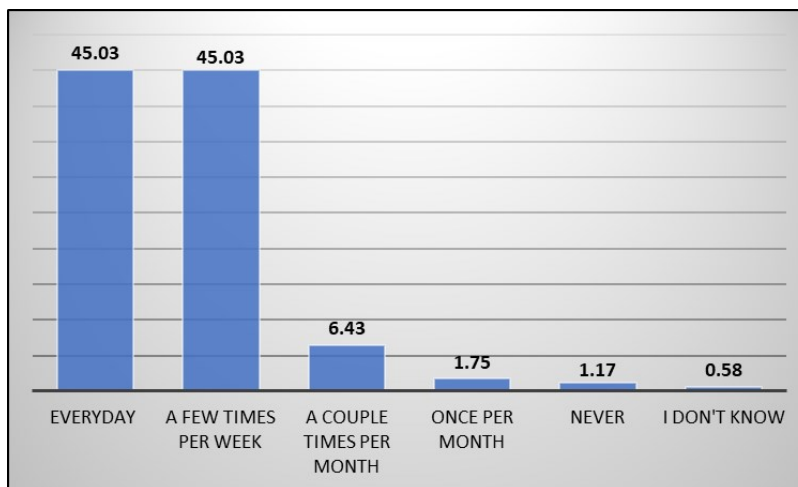
# Survey and Results

25. Where do you buy most of your food? (Please check one)



Question 25 shows that nearly 100% of participants buy most of their food from a grocery store.

26. How often do you eat fresh fruits and vegetables? (Please check one)



Question 26 shows that the majority of participants eat fresh fruits and vegetables everyday or a few times per week.

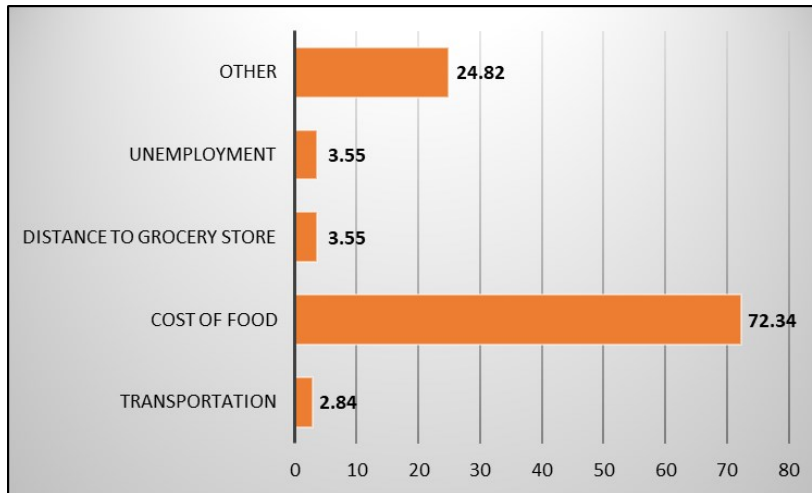
27. One recommendation for healthy eating is to eat at least 5 servings of fruits and vegetables a day (not french-fries or potato chips). Please choose the main reason that keeps you from eating this way. (Choose one)



Question 27 shows the majority of participants eat 5 or more servings of fruits and vegetables a day.

# Survey and Results

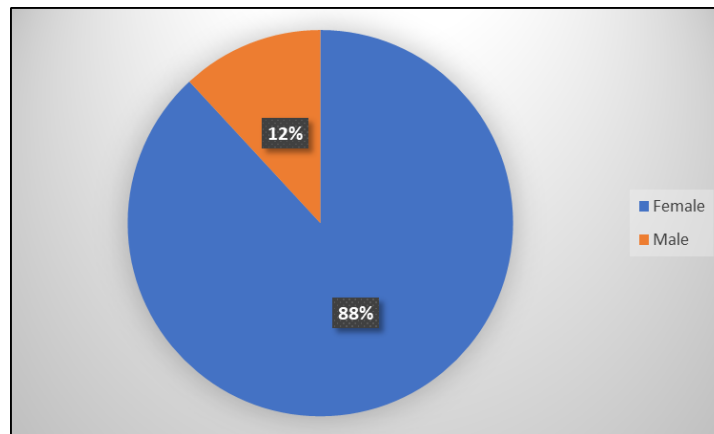
28. Which of the following makes it hard for you to buy food? (Please check all that apply)



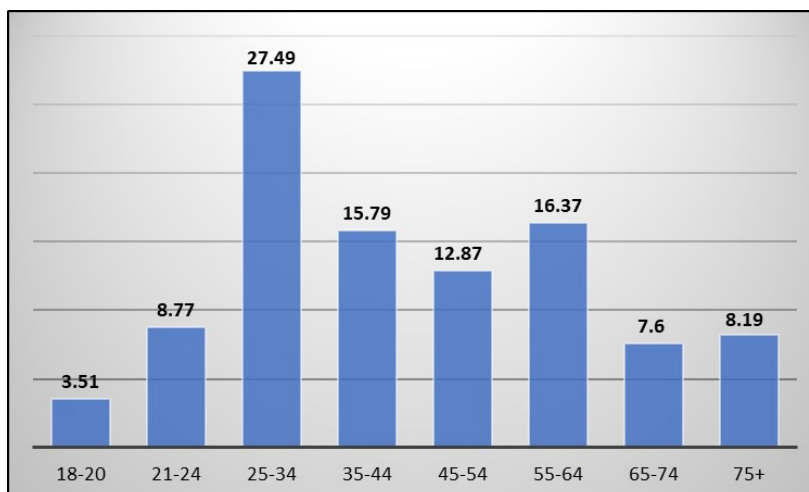
Question 28 shows that the cost of food is what makes it hard for participants to buy food.

The following questions are for statistical purposes only.

29. What is your gender?



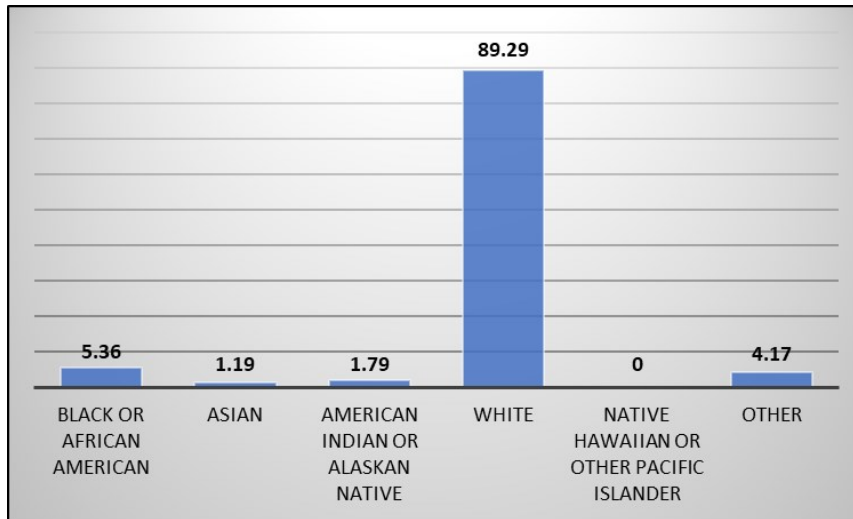
30. How old are you? (Please check one)



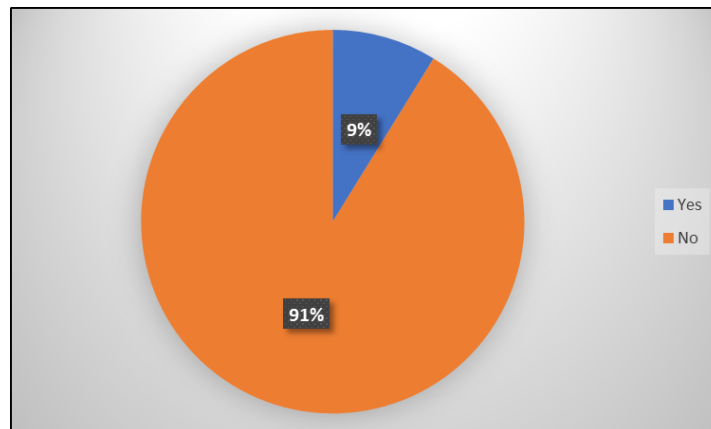


# Survey and Results

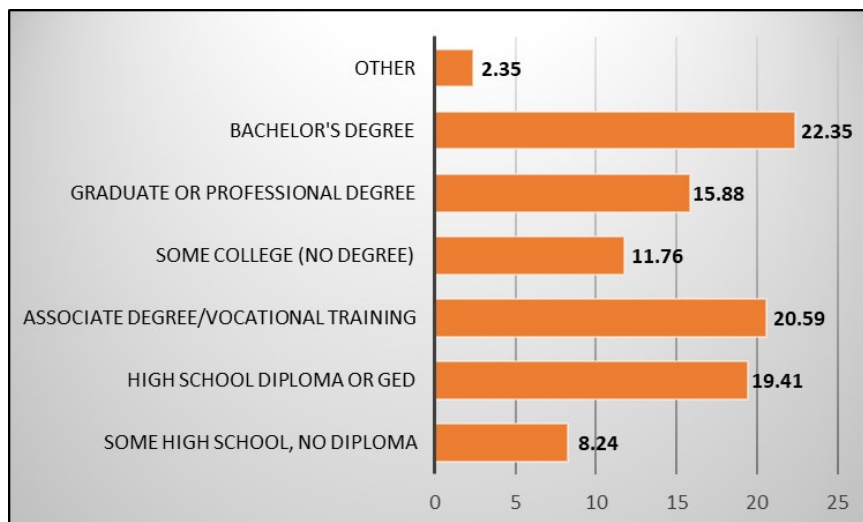
31. What is your race? (Please check all that apply)



32. Are you of Hispanic or Latino origin? (The Census Bureau defines "Hispanic or Latino" as "a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race.")

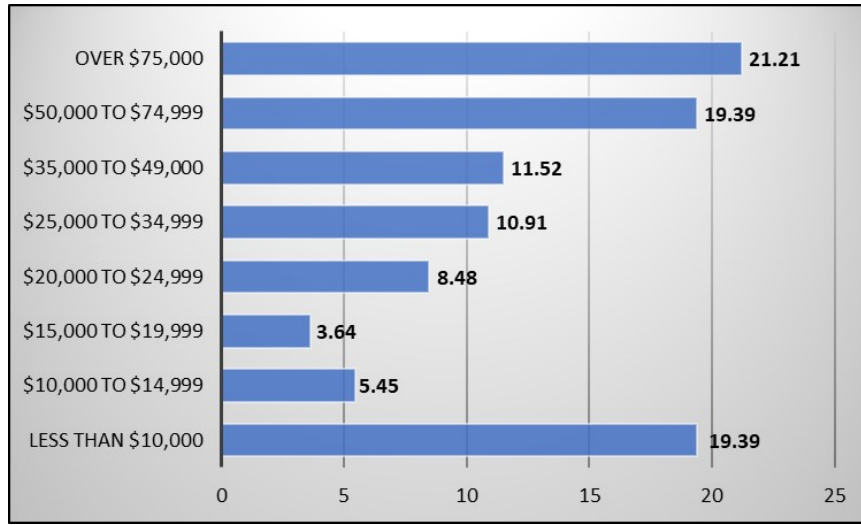


33. What is the highest level of school, college, or vocational training that you have finished? (Please check one)



# Survey and Results

34. What was your total household income last year before taxes? (Please check one)



35. What is your zip code?

<u>Zip Code</u>	<u>%</u>
27041	13.41
27030	48.17
27017	10.37
28621	9.76
28642	2.44
27047	.61
27020	.61
27053	.61
24317	.61

<u>Zip Code</u>	<u>%</u>
27007	1.83
28676	1.83
27011	.61
27043	3.7
27052	.61
28683	.61
27059	.61
24053	.61
27621	.61

Question 29– 35 represent statistical data of survey participants. The majority of the participants were white females between the ages of 25 and 34. Most were from Mt. Airy and have a bachelor's degree. The largest category of reported household income was over \$75,000 but the second largest category right after that was \$50,000-\$74,999 and less than \$10,000, therefore, many survey participants fell on opposite ends of the spectrum..

# Community Health and Survey Results

In 2018, Surry County ranked 55th out of 100 in Health Outcomes according to the “County Health Rankings and Roadmaps” data released by the Robert Wood Johnson Foundation. This data is based on the length and quality of life of Surry County residents. According to recent data, 20% of adults and 6% of children in Surry County are uninsured. The number of uninsured adults and children has steadily declined in recent years which is good for the health of the county’s citizens.

Surry County’s Health Behaviors are comparable to North Carolina’s overall statistics in several areas. According to the County Health Rankings, 19% of adults in the county are smokers, 30% of adults are obese, 12% are diabetic, and 29% reported being physically inactive. The life expectancy for Surry County is 75.5 years old, and 20% of adults reported they are in poor or fair health. In four years time, the number of adults that smoke have dropped by nearly 10%. This has also reduced the amount of secondhand smoke that residents are exposed to. Surry County has become healthier in many ways and continues to work towards providing a healthy and safe environment for community members.

The top three leading causes of death in Surry County are: Cancer, disease of the heart and chronic lower respiratory disease. These leading causes could potentially be caused by poor health decisions such as smoking, physical inactivity, obesity, drug use, environmental hazards and many other factors.

The data collected from the community health survey shows how residents perceive Surry County and the community they live in. The biggest health issues perceived are substance abuse, obesity, and mental health. These issues have been of concern for several years now, but the substance abuse and mental health issues continue to become increasingly worse over time. Various agencies continue collaborating and working together to address these areas of concern through community programs and efforts. The county is in the process of putting together plans for addressing the opioid and substance abuse issues.

# Priority Health Issues

After meeting with the Community Health Assessment team, including members of the Surry County Health and Nutrition Center Leadership Team, and reviewing the primary and secondary data, three priority areas were selected.

1. Substance Abuse
2. Obesity
3. Mental Health

Other areas of concern that were not selected as top priorities, but will be addressed with existing initiatives are:

- Diabetes
- Nutrition
- Healthy Aging
- Heart Disease
- Injury Prevention

## Summary

The community health assessment process was a great example of collaboration between the Surry County Health and Nutrition Center, the Healthy Surry Task Force, and other community partners. The surveys served as a valuable tool in determining health disparities, deficiencies, needs and concerns of community members.

Since the previous community health assessment in 2014, Surry County has persistently worked to address the priority issues of obesity, substance abuse, and access to affordable health care through various educational programs, interventions and outreach methods. Surry County's adult obesity rate dropped from 31% in 2014 to 30% in 2018. Although, that is not a significant decrease, it does show that some progress is being made in areas such as nutrition and physical activity. Obesity will continue to be addressed to people of all age groups over the next cycle.

Substance abuse was seen as a top priority, as determined by the 2014 community health assessment. This is now the number one issue in the county. In 2017, there were 237 overdose cases and 55 overdose fatalities in Surry County. Due to Narcan being more readily available and increased use, there were 32 overdose fatalities in the county for 2018, but overall there were 371 overdose cases. Looking at these statistics, there may have been less overdose deaths in 2018 but there was also a significant increase in the number of overdose calls ran by EMS. Substance abuse is a very problematic issue in Surry County. It was reported in the most recent community survey that the focus should be on prescription drugs, street drugs (cocaine, crack, heroin), and methamphetamine.

It is the mission of the Surry County Health and Nutrition Center to protect and promote personal, family, and community health in order to create an education where families can reach their full potential in a safe and clean environment. Our hopes are to accomplish this mission by addressing the priorities determined by the community health assessment.

Through strong community partnerships and the development of an action plan focusing on the issues outlined in this document, vigorous efforts will be made to address each priority area. The priorities identified in this report will serve as a guide in ensuring the Surry County Health and Nutrition Center, along with community partners, are working towards a healthier community through programs and initiatives as seen fit.

## A. CHA Survey

1. In your opinion, what is the biggest health issue(s) facing your community today?

\_\_\_\_\_

2. In your opinion what are the top 3 services that need the most improvement in your community?

\_\_\_\_\_ Animal Control

\_\_\_\_\_ Healthy family activities

\_\_\_\_\_ Child Care Options

\_\_\_\_\_ Positive teen activities

\_\_\_\_\_ Elder Care Options

\_\_\_\_\_ Transportation options

\_\_\_\_\_ Services for disabled people

\_\_\_\_\_ Availability of employment

\_\_\_\_\_ More affordable health services

\_\_\_\_\_ Road maintenance

\_\_\_\_\_ Better/More healthy food choices

\_\_\_\_\_ Road safety

\_\_\_\_\_ More affordable/Better housing

\_\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_\_ Number of health care providers

\_\_\_\_\_ None

What kind? \_\_\_\_\_

\_\_\_\_\_ Culturally appropriate health services

\_\_\_\_\_ Counseling/mental health/support groups

\_\_\_\_\_ Better/More recreational facilities (parks, trails, community centers)

3. Where do you get most of your health-related information?

\_\_\_\_\_ Friends and family

\_\_\_\_\_ Hospital

\_\_\_\_\_ Doctor/Nurse

\_\_\_\_\_ Health Department

\_\_\_\_\_ Pharmacist

\_\_\_\_\_ Books/Magazines

\_\_\_\_\_ Internet

\_\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_\_ My child's school

4. Would you say that, in general, your health is:

\_\_\_\_\_ Excellent

\_\_\_\_\_ Very good

\_\_\_\_\_ Good

\_\_\_\_\_ Fair

\_\_\_\_\_ Poor

\_\_\_\_\_ Don't know/Not sure

5. Have you ever been told by a doctor, nurse, or other health professional that you have any of the following health conditions?

Asthma	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Depression or Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
High Blood Pressure	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
High Cholesterol	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Diabetes (not during pregnancy)	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Osteoporosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Overweight/Obesity	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Angina/Heart Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know

6. Which of the following health topics do you think your child/children need more information about. Please check your top 3.

<input type="checkbox"/> None of these topics	<input type="checkbox"/> Tobacco cessation
<input type="checkbox"/> Dental hygiene	<input type="checkbox"/> Abstinence/Safe sex
<input type="checkbox"/> Nutrition	<input type="checkbox"/> Asthma management
<input type="checkbox"/> Reckless driving/Speeding	<input type="checkbox"/> Diabetes management
<input type="checkbox"/> Depression/Anxiety	<input type="checkbox"/> Drug prevention
<input type="checkbox"/> Suicide prevention	<input type="checkbox"/> Alcohol
<input type="checkbox"/> Anger management	<input type="checkbox"/> Bullying
<input type="checkbox"/> Other: _____	

7. In your opinion, which top 3 health behaviors do people in your community need more information about?

☐ Eating well/Nutrition  
☐ Exercising/Fitness  
☐ Managing weight  
☐ Going to a dentist for check-ups/Preventative care  
☐ Going to a doctor for yearly check-ups and screenings  
☐ Getting prenatal care during pregnancy  
☐ Getting flu shots and other vaccines  
☐ Preparing for an emergency/disaster  
☐ Using child safety seats  
☐ Using seat belts  
☐ Driving safely  
☐ Quitting smoking/Tobacco use prevention  
☐ Child care/Parenting  
☐ Caring for family members with special needs/disabilities  
☐ Preventing pregnancy and sexually transmitted infections (safe sex)  
☐ Substance abuse (drugs and alcohol)  
☐ Suicide prevention  
☐ Stress management  
☐ Domestic violence  
☐ Crime prevention  
☐ Other: \_\_\_\_\_

8. What are the top 3 biggest substance abuse problems in this county? (Rank 1 to 3 with 1 being the biggest problem)

- ☐ Marijuana
- ☐ Methamphetamine (Meth)
- ☐ Other street drugs (cocaine, crack, heroin)
- ☐ Abuse of prescription drugs/pills
- ☐ Alcohol abuse
- ☐ Drinking and driving
- ☐ Huffing (inhaling glue, dust-off, whiteout)
- ☐ I really do not know
- ☐ Other: \_\_\_\_\_

9. To prevent teen pregnancy and sexually transmitted diseases, which of the following should be taught in our local schools? (Check one)

- ☐ Abstinence until marriage
- ☐ Comprehensive sex education (including abstinence and other birth control methods)
- ☐ None of the above

10. The recommendation for physical activity is 30 minutes a day, 5 days a week ( 2 1/2 hours per week). Please choose the main reason keeping you from getting this much physical activity. (Check one)

- |   |   |
|---|---|
| <input type="checkbox"/> Nothing. I get this much physical activity | <input type="checkbox"/> I do not have time to exercise |
| <input type="checkbox"/> I feel like I get this at my work          | <input type="checkbox"/> Expensive                      |
| <input type="checkbox"/> I am physically disabled                   | <input type="checkbox"/> I do not like to exercise      |
| <input type="checkbox"/> There is no safe place to exercise         | <input type="checkbox"/> Other: _____                   |

11. Where do you go to exercise or engage in physical activity? (Check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Parks or trails          | <input type="checkbox"/> Home/Neighborhood |
| <input type="checkbox"/> Public Recreation Center | <input type="checkbox"/> Work              |
| <input type="checkbox"/> Private gym or pool      | <input type="checkbox"/> Other: _____      |

12. Do you currently smoke?

- ☐ Yes
- ☐ No

13. Where would you go for help if you wanted to quit?

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Quit Line NC | <input type="checkbox"/> Health Department           |
| <input type="checkbox"/> Doctor       | <input type="checkbox"/> Private Counselor/Therapist |
| <input type="checkbox"/> Church       | <input type="checkbox"/> I don't know                |
| <input type="checkbox"/> Pharmacy     | <input type="checkbox"/> Other: _____                |

14. Do you support tobacco-free environments, such as restaurants, workplaces, community colleges and other public areas?

☐ Yes  
☐ No

15. Do you and your family recycle?

☐ Yes  
☐ No

16. Which of the following Surry County Environmental Health concerns do you believe most affects your health?  
(Check one)

<input type="checkbox"/> Drinking water	<input type="checkbox"/> Fluoride-enriched water
<input type="checkbox"/> Mold	<input type="checkbox"/> Ozone
<input type="checkbox"/> Radon	<input type="checkbox"/> Recycling
<input type="checkbox"/> Lead exposure	<input type="checkbox"/> Drought
<input type="checkbox"/> Meth labs	<input type="checkbox"/> Air quality
<input type="checkbox"/> Food safety	<input type="checkbox"/> Rabies
<input type="checkbox"/> Second-hand smoke	<input type="checkbox"/> Septic system failure
<input type="checkbox"/> Other: _____	<input type="checkbox"/> None of the above

17. If you are over age 50, have you ever had a colonoscopy?

☐ Yes ☐ No. If not, why not? \_\_\_\_\_  
☐ I am not over the age 50

18. If you are a male over age 40, do you have an annual prostate exam?

☐ Yes ☐ No. If not, why not? \_\_\_\_\_  
☐ I am not over age 40

19. If you are a female over age 40, do you have an annual mammogram?

☐ Yes ☐ No. If not, why not? \_\_\_\_\_  
☐ I am not over age 40

20. If you are a female, do you have a pap smear at least every other year?

☐ Yes ☐ No. If not, why not? \_\_\_\_\_

21. Where do you go **most often**, for health care when you are sick? (Check one)

<input type="checkbox"/> Private Doctor's Office	<input type="checkbox"/> Urgent Care Center
<input type="checkbox"/> Hospital	<input type="checkbox"/> Free Clinic
<input type="checkbox"/> Pharmacy	<input type="checkbox"/> Walk-in Clinic
<input type="checkbox"/> Health Department	<input type="checkbox"/> Other: _____



22. Where do you go when you need your yearly check-up or physical?

- |  |   |
|--|---|
| <input type="checkbox"/> Private Doctor's Office                               | <input type="checkbox"/> Urgent Care Center |
| <input type="checkbox"/> Hospital  | <input type="checkbox"/> Free Clinic        |
| <input type="checkbox"/> OB/GYN or Women's Health Provider                     | <input type="checkbox"/> Walk-in Clinic     |
| <input type="checkbox"/> Health Department                                     | <input type="checkbox"/> Other: _____       |
| <input type="checkbox"/> I don't go anywhere for a yearly check-up or physical |   |

23. Where do you go first to find out about local news or events?

- |  |  |
|--|--|
| <input type="checkbox"/> Billboards    | <input type="checkbox"/> Friends and Family                |
| <input type="checkbox"/> Email updates | <input type="checkbox"/> Newspapers                        |
| <input type="checkbox"/> Magazines     | <input type="checkbox"/> TV                                |
| <input type="checkbox"/> School        | <input type="checkbox"/> Church                            |
| <input type="checkbox"/> Internet      | <input type="checkbox"/> Workplace                         |
| <input type="checkbox"/> Blogs         | <input type="checkbox"/> Social Network Website (Facebook) |
| <input type="checkbox"/> Other: _____  |  |

24. How prepared do you feel your household is to handle a large-scale disaster or emergency?

- |  |  |
|--|--|
| <input type="checkbox"/> Well Prepared     | <input type="checkbox"/> Not Prepared at all |
| <input type="checkbox"/> Somewhat Prepared | <input type="checkbox"/> Not Sure            |

25. Where do you buy most of your food? (Choose one)

- |   |  |
|---|--|
| <input type="checkbox"/> Grocery Store (Food Lion, Lowes Foods) | <input type="checkbox"/> Farmer's Market |
| <input type="checkbox"/> Gas Station/Convenient Store           | <input type="checkbox"/> Fast Food       |
| <input type="checkbox"/> Drug Store (CVS, Walgreens, Rite Aid)  | <input type="checkbox"/> Other: _____    |

26. How often do you eat fresh fruits and vegetables? (Choose one)

- |   |   |
|---|---|
| <input type="checkbox"/> Everyday                 | <input type="checkbox"/> Once per month |
| <input type="checkbox"/> A few times per week     | <input type="checkbox"/> Never          |
| <input type="checkbox"/> A couple times per month | <input type="checkbox"/> I don't know   |

27. One recommendation for healthy eating is to eat at least 5 servings of fruits and vegetables a day (not French Fries or Potato Chips). Please choose the main reason that keeps you from eating this way. (Choose one)

- |  |   |
|--|---|
| <input type="checkbox"/> Nothing. I eat 5 or more servings a day | <input type="checkbox"/> I just do not think about it   |
| <input type="checkbox"/> I (or my family) will not eat them      | <input type="checkbox"/> I do not have time to fix them |
| <input type="checkbox"/> I do not know how to prepare them       | <input type="checkbox"/> They are too expensive         |
| <input type="checkbox"/> They go bad before we eat them          | <input type="checkbox"/> Other: _____                   |

28. Which of the following makes it hard for you to buy food? (Select all that apply)

- |  |
|--|
| <input type="checkbox"/> Transportation            |
| <input type="checkbox"/> Cost of food              |
| <input type="checkbox"/> Distance to grocery store |
| <input type="checkbox"/> Unemployment              |
| <input type="checkbox"/> Other: _____              |

**Please complete the questions below for statistical purposes only:**

29. Gender:    ☐ Male            ☐ Female

30. How old are you? (Check one)

<input type="checkbox"/> 18-20	<input type="checkbox"/> 21-24	<input type="checkbox"/> 25-34	<input type="checkbox"/> 35-44
<input type="checkbox"/> 45-54	<input type="checkbox"/> 55-64	<input type="checkbox"/> 65-74	<input type="checkbox"/> 75 or older

31. Race (Check all that apply):

<input type="checkbox"/> Black or African American	<input type="checkbox"/> American Indian or Alaskan Native
<input type="checkbox"/> Asian	<input type="checkbox"/> White
<input type="checkbox"/> Native Hawaiian or Other Pacific Islander	<input type="checkbox"/> Other: _____

32. Are you of Hispanic or Latino origin\*?    ☐ Yes            ☐ No

\*The Census Bureau defines "Hispanic or Latino" as "a person of Cuban, Mexican, Puerto Rican, South or Central American or other Spanish culture or origin regardless of race."

33. What is the highest level of school, college or vocational training that you have finished? (Check one)

☐ Some high school, no diploma  
☐ High school diploma or GED  
☐ Associate Degree/Vocational Training  
☐ Some college (no degree)  
☐ Graduate or professional degree  
☐ Bachelor's degree  
☐ Other: \_\_\_\_\_

34. What was your total household income last year before taxes? (Check one)

<input type="checkbox"/> Less than \$10,000	<input type="checkbox"/> \$10,000 to \$14,999	<input type="checkbox"/> \$15,000 to \$19,999
<input type="checkbox"/> \$20,000 to \$24,999	<input type="checkbox"/> \$25,000 to \$34,999	<input type="checkbox"/> \$35,000 to \$49,000
<input type="checkbox"/> \$50,000 to \$74,999	<input type="checkbox"/> Over \$75,000	

35. What is your zip code? \_\_\_\_\_

## B. Child Care Centers

Facility Name	Contact Information	License
A Grace Academy of Mt. Airy	170 Hartway Lane Mount Airy, NC 27030 (336) 789-7771	Three Star Center
Amanda's Angels	140 Saddle Crest Lane Mount Airy, NC 27030 (336) 648-1308	Two Star Family CC Home
Angie's Daycare	222 Snow Hill Church Lane Dobson, NC 27017 (336) 789-4656	Five Star Center
Billie's Cheeky Monkeys Child Care Center	191 Buckingham Road Pinnacle, NC 27043 (336) 444-4060	Three Star Family CC Home
Cedar Ridge Elementary Pre-K School Ready	734 Flippin Road Lowgap, NC 27024 (336) 352-4320	Five Star Center
Central Methodist Child Care	1909 N. Main Street Mount Airy, NC 27030 (336) 786-4416	Three Star Center
Copeland Elementary Pre-K School Ready	948 Copeland School Road Dobson, NC 27017 (336) 374-2572	Five Star Center
Dobson Elementary School Pre-K Ready	400 West Atkins Street Dobson, NC 27017 (336) 386-8913	Five Star Center
Dorcas Sprinkle's Day Care Home	2262 White Dirt Road Dobson, NC 27017 (336) 366-4384	Two Star Family CC Home

Facility Name	Contact Information	License
Elkin Elementary Preschool	135 Old Virginia Road Elkin, NC 28621 (336) 835-2756	Five Star Center
Flat Rock Elementary Pre-K School Ready	1539 E. Pine Street Mount Airy, NC 27030 (336) 786-2910	Five Star Center
Franklin Elementary Pre-K School Ready	519 S. Franklin Road Mount Airy, NC 27017 (336) 786-2459	Five Star Center
Happy Kids Day Care Home	214 Woodbridge Drive Mount Airy, NC 27030 (336) 648-5805	Three Star Family CC Home
Jerrie's Day Care, INC.	1707 S. Main St./Bannertown COM Mount Airy, NC 27030 (336) 789-6578	Two Star Center
Jones Head Start	215 Jones School Road Mount Airy, NC 27030 (336) 786-6155	Five Star Center
Kiddie Cove Daycare and Learning Center	247 West Spring Street Elkin, NC 28621 (336) 287-5079	Two Start Family CC Home
Lil Love Bugs	181 Clyde Hayes Road Lowgap, NC 27024 (276) 733-3949	Two Star Family CC Home
Little Birds Child Care Home	160 Newman Street Elkin, NC 28621 (336) 835-1455	Four Star Family CC Home
Little Folk's Day Care	159 Mahone Street Mount Airy, NC 27030 (336) 789-4211	Four Star Family CC Home

Facility Name	Contact Information	License
Little Pooh's Day Care Home	259 Mountain Top Road Thurmond, NC 28683 (336) 874-2420	Five Star Family CC Home
Magical Moments Learning Academy	130 Williamson Avenue Mount Airy, NC 27030 (336) 789-1332	Three Star Center
Mount Pilot Child Enrichment Center	132 Shoals Road Pinnacle, NC 27043 (336) 368-1020	Four Star Center
Mountain Park Pre-K School Ready	505 Mountain Park Road State Road, NC 28676 (336) 874-3933	Five Star Center
Oak Grove Head Start	453 Oak Grove Road Elkin, NC 28621 (336) 835-4248	Five Star Center
Paynetown Head Start	205 Marshall Farm Road Mount Airy, NC 27030 (336) 786-7628	Five Star Center
Pilot Mountain Elementary School Pre-K School Ready	218 Friends Street Pilot Mountain, NC 27041 (336) 444-8200	Five Star Center
Pleasant Hill Baptist Church Day Care	650 NC HWY 268 W Elkin, NC 28621 (336) 258-8070	GS 110-106
Rainbow Child Care Center	412 Junction Street Mount Airy, NC 27030 (336) 786-5588	Three Star Center
Rainbow Child Care Center at Dobson	720 West Kapp Street Dobson, NC 27017 (336) 386-8883	Three Star Center

Facility Name	Contact Information	License
Rainbow Child Care Center at Elkin	850 Johnson Ridge Road Elkin, NC 28621 (336) 835-7605	Three Star Center
Rainbow Child Care Center at Mountain View	203 Piedmont Triad West Drive Mount Airy, NC 27030 (336) 786-1616	Three Star Center
Rainbow Child Care Center at Riverside	760 Riverside Drive Mount Airy, NC 27030 (336) 719-0298	Three Star Center
Rainbow Child Care Center at South Street	401 S. South Street Mount Airy, NC 27030 (336) 719-0500	Three Star Center
Red Hill Creek Head Start	101 McMickles School Road Dobson, NC 27017 (336) 352-4588	Five Star Center
Rockford Elementary School Pre-K School Ready	719 Rockford Road Dobson, NC 27017 (336) 374-6300	Five Star Center
Rugrats Child Care Home	3306 Poplar Springs Road State Road, NC 28676 (336) 769-8883	Two Star Family CC Home
Sharon Bledsoe's Child Care Home	146 Promise Lane Dobson, NC 27017 (336) 366-2860	Two Star Family CC Home
Shoals Elementary Pre-K School Ready	1800 Shoals Road Pinnacle, NC 27043 (336) 325-2518	Five Star Center
South Main Children's Center	338 East Pine Street Mount Airy, NC 27030 (336) 789-7030	Three Star Center

Facility Name	Contact Information	License
Surry Head Start	389 Jenkinstown Road Dobson, NC 27017 (336) 367-7202	Five Star Center
Tiny Hands Child Care of Dobson	721 South Main Street Dobson, NC 27017 (336) 356-2244	Three Star Center
Twinkle Tots Child Care Home	136 Johnson Avenue Mount Airy, NC 27030 (336) 755-3570	Three Star Family CC Home
Vickie's Day Care Home	196 Sugarbranch Road Dobson, NC 27017 (336) 356-4336	Three Star Family CC Home
Westfield Pre-K School Ready	273 Jessup Grove Church Road Pilot Mountain, NC 27041 (336) 386-8211	Five Star Center
White Plains Baptist Child Care	631 Old Highway 601 Mount Airy, NC 27030 (336) 786-9066	GS 110-106
White Plains Pre-K School Ready	710 Cadle Ford Road Mount Airy, NC 27030 (336) 320-3434	Five Star Center

## C. Family Medical Providers

Facility Name	Contact Information
Surry County Health & Nutrition Center	118 Hamby Rd. Dobson, NC 27017 (336) 401-8410
Mount Airy Family Practice	522 E. Main Street Pilot Mountain, NC 27041 (336) 368-547
Jonesville Family Medical Center	113 Crutchfield Street PO Box 947 Dobson, NC 27017
Elkin Pediatric and Adult Medicine	124 Samaritans Ridge Rd. Elkin, NC 28621 (336) 835-7700
Foothills Primary Care	910 Worth Street Mt. Airy, NC 27030 (336) 786-5108
Foothills Family Medicine	600 Chatham Medical Park Elkin, NC 28621 (336) 835-4819
Northwest Medical Partners	280 N. Pointe Boulevard Mt. Airy, NC 27030 (336) 786-4133
Holly Springs Family Practice	104 Ararat Longhill Road Pilot Mountain, NC 27041 (336) 786-7966
KidsCount Pediatrics	1919 North Bridge Street Elkin, NC 28621 (336) 835-7337



Facility Name		Contact Information
Northern Pediatrics		100 North Pointe Boulevard Mt. Airy, NC 27030 (336) 789-6267
Medical Associates of Surry		865 West Lake Drive Mt. Airy, NC 27030 (336) 719-6100
Medical Associates of Westfield		6740 Westfield Road Westfield, NC 27053 (336) 351-3102
France Medical Center		200 N. Pointe Blvd. Mt. Airy, NC 27030 (336) 786-9430
Med First Primary and Urgent Care		348 N. South Street Mt. Airy, NC 27030 (336) 673-0196
Blue Ridge Cardiology and Internal Medicine— Mt. Airy and Elkin	Mt. Airy: 905 Rockford Street Mt. Airy, NC 27030 (336) 648-8200	Elkin: 380 Parkwood Medical Park Elkin, NC 28621 (336) 835-9355

## C. Facilities

Facility Name		Contact Information
Northern Hospital of Surry County		830 Rockford Street Mt. Airy, NC 27030 (336) 719-7000
Hugh Chatham Memorial Hospital		180 Parkwood Drive Elkin, NC 28621 (336) 527-7000

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